

Practice Development Opportunities Booklet
January to December 2024



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Please Note: Dates for Mandatory Training and Hapai te Hoe can be found on the Te Whatu Ora Whanganui intranet.

Introduction

Te Whatu Ora – Health New Zealand Whanganui is pleased to present the Whanganui Practice Development Opportunities Booklet for 2023. We hope that you find the education provided in this booklet constructive and that it further informs and develops your practice. We welcome any feedback, which can be communicated to staff listed below or through the evaluations at the end of each session.

Please be aware that Venues, times, and dates may change, and some days are run by external providers. We will endeavour to keep you up to date with any changes to this information, however, if you are unsure, please email the key contact for the course that is highlighted on each study day page.

Registrations & Room Bookings

Registrations – As many of the study days have limited spaces, if you or a staff member have registered for a study day and are no longer able to attend, please ensure that you cancel the registration accordingly and if possible, notify the key contact of the day. This will allow for others on the waiting list to attend. Managers must make sure they have confirmed the registration of staff members in a timely fashion.

Room Bookings – If you have booked a training room in Te Whare Toi and no longer require it please ensure you cancel the booking to enable others to use this space if required.

COVID-19 Precautions

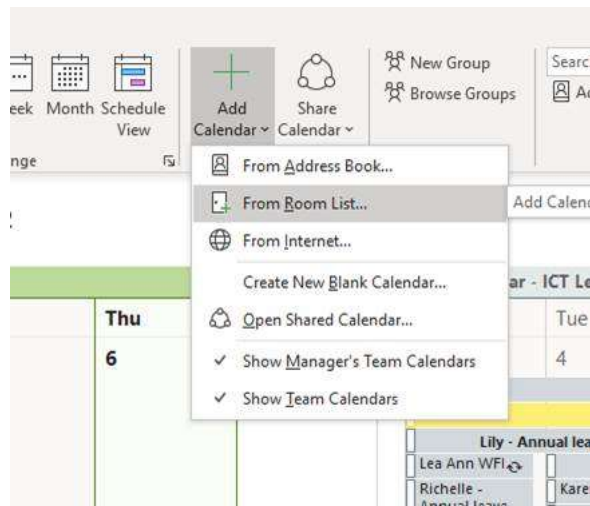
Attendees of all study days need to be vaccinated against Covid-19. Physical distancing will be encouraged wherever possible and hand Sanitizer and masks will be available in all classroom environments.

Additional Information



- Ko Awatea link - <https://koawatealearn.co.nz/>
- If you are external and would like to know the availability of a room and or would like to book a room, email the Te Whare Toi Administrator Ngaraima.Cooney@wdhb.org.nz or call - 06-348 3471
- Availability of Te Whare Toi Rooms & How to book (Internal access only)

If you want to view the calendars go to Calendar in outlook and select, Add calendar – From room list. See picture below.



Rooms Available to book in Te Whare Toi– Rimu – Rata – Puriri (Wardroom) – Koromiko – Manuka

Once the room booking has been made through outlook, it will show up as tentative pending approval by the administrator in Te Whare Toi.

You can also book Room One and the Lecture Theatre– This can be done as you would book a meeting through your Outlook Calendar. These rooms are not a part of Te Whare Toi.

Infusion Therapy Orientation

Medicines Management & Infusion Therapy Competency Training.

The Medicines Management Competency is a certification process by which all nursing and midwifery staff demonstrate competency in his/her practice of medication administration. Staff new to the hospital and/or staff returning to work are invited to attend a 3hour training to infusion therapy during their orientation period. Training will include:

- Medicines Management Competency requirements
- Medication Safety
- Notes on Injectable Drugs (NOIDS)
- Arcomed infusion pumps & IV lines
- Methods of IV Administration
- Transfusion medicine

Target audience: Registered & Enrolled nurses, and Midwives

Venue: Harakeke (IV training room), Te Whare Toi.

Registrations by appointment to debra.mudgway@wdhb.org.nz

Nursing Professional Development

- Nursing Professional Development Recognition Programme (PDRP)

PDRP is a clinically focused competency-based programme for nurses. It is a national programme, endorsed by the Nursing Council of New Zealand and the New Zealand Nurses Organisation

Capital & Coast (CCDHB), MidCentral (MDHB) and Whanganui District Health Boards (WDHB) have aligned their PDRPs to meet the required frameworks with all information now accessible through a shared portal.

Link:

<https://www.ccdhb.org.nz/working-with-us/nursing/professional-development/professional-development-and-recognition-programme/registered-nurse-portfolio-requirements/>

If you have any questions or need help with the development of your portfolio or If you are being audited by Nursing Council, please get in touch for support.

PDRP Coordinator: Sarah Holland

Email: sarah.holland@wdhb.org.nz

You can submit your portfolio by delivering them to the Reception area at Te Whare Toi.

Key Contacts

Educator	Contact details	
Sarah Marsh Nurse Educator	Sarah.Marsh@wdhb.org.nz	
	M: 021 478 769	
Rob Smith Nurse educator	Robert.Smith@wdhb.org.nz	
	M: 021 154 2936	
Deborah Mudgway Nurse Educator	Debra.Mudgway@wdhb.org.nz	
	Ph: 06 348 3191	M: 021 573 348
Sarah Holland Nurse Educator	Sarah.Holland@wdhb.org.nz	
	M: 021 437 980	
Jo McDonnell Midwifery Educator	Jo.McDonnell@wdhb.org.nz	
	M: 021 901 043	
Jo Heap Clinical Nurse Educator – Supporting Parents Healthy Children	Joanna.Heap@wdhb.org.nz	
	Ph: 06 348 1901	M: 0212441477
Olive Redfern Dementia/Delirium Educator	Olive.Redfern@wdhb.org.nz	
	Ph: 348 8928	M: 021 588 275
Alison Buchan Hospice Nurse Educator	Alisonb@hospicewhanganui.org.nz	
	Ph: 06 349 0080 Ext: 227	
Nicola Metcalfe Immunisation Co-ordinator, WRHN	nmetcalfe@wrhn.org.nz jspence@wrhn.org.nz	
	Ph: 06 348 0109	
Janine Spence Maternal & Child Health Lead Primary Care Educator Leads, WRHN	Ext: 704 (Nicola)	M: 027 380 2217
	Ext: 726 (Janine)	M: 021 246 1303
Ngaraima Maia Cooney Administrator – Te Whare Toi	Ngraima.Cooney@wdhb.org.nz	
	Ph: 06 348 3471	

Non-Te Whatu Ora Whanganui Staff Study Day Registration Form

- Please COPY this form and complete all sections
- Please use a separate registration form for each study day and each person attending

YOUR NAME	
WORKPLACE	
MAILING ADDRESS (for receipt, pre-reading, certificate)	
PHONE NUMBER	
EMAIL ADDRESS	

NAME OF STUDY DAY	
DATE OF STUDY DAY	

PAYMENT	
AMOUNT	\$
METHOD (please tick)	
Payment on the day	<input type="checkbox"/>
Please invoice	<input type="checkbox"/>

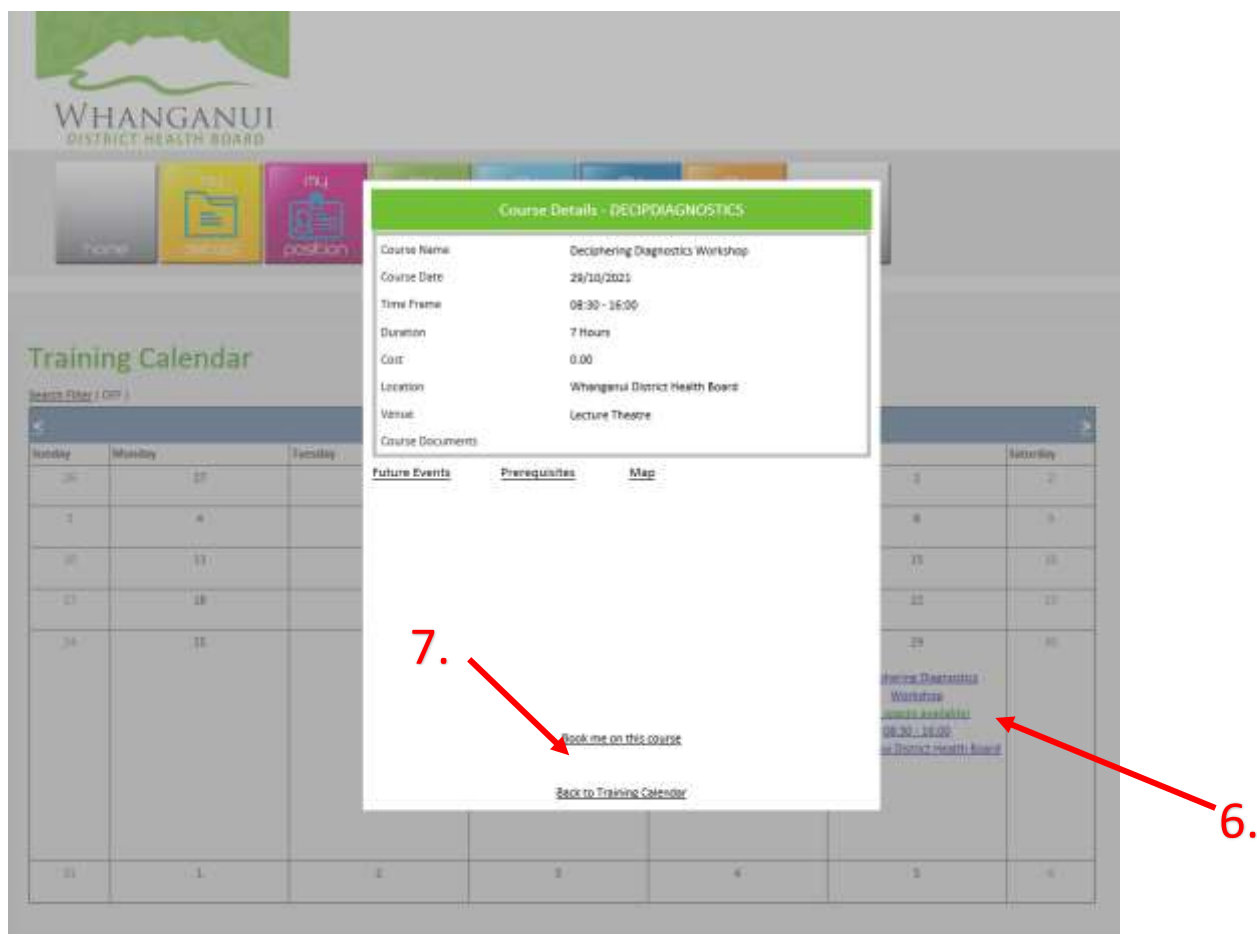
COVID -19 Vaccination Declaration	
I, _____ confirm that I am vaccinated against COVID-19	
Signature:	

All Registrations Emailed To:	Education.Registrations@wdhb.org.nz (Or as specified under how to register)
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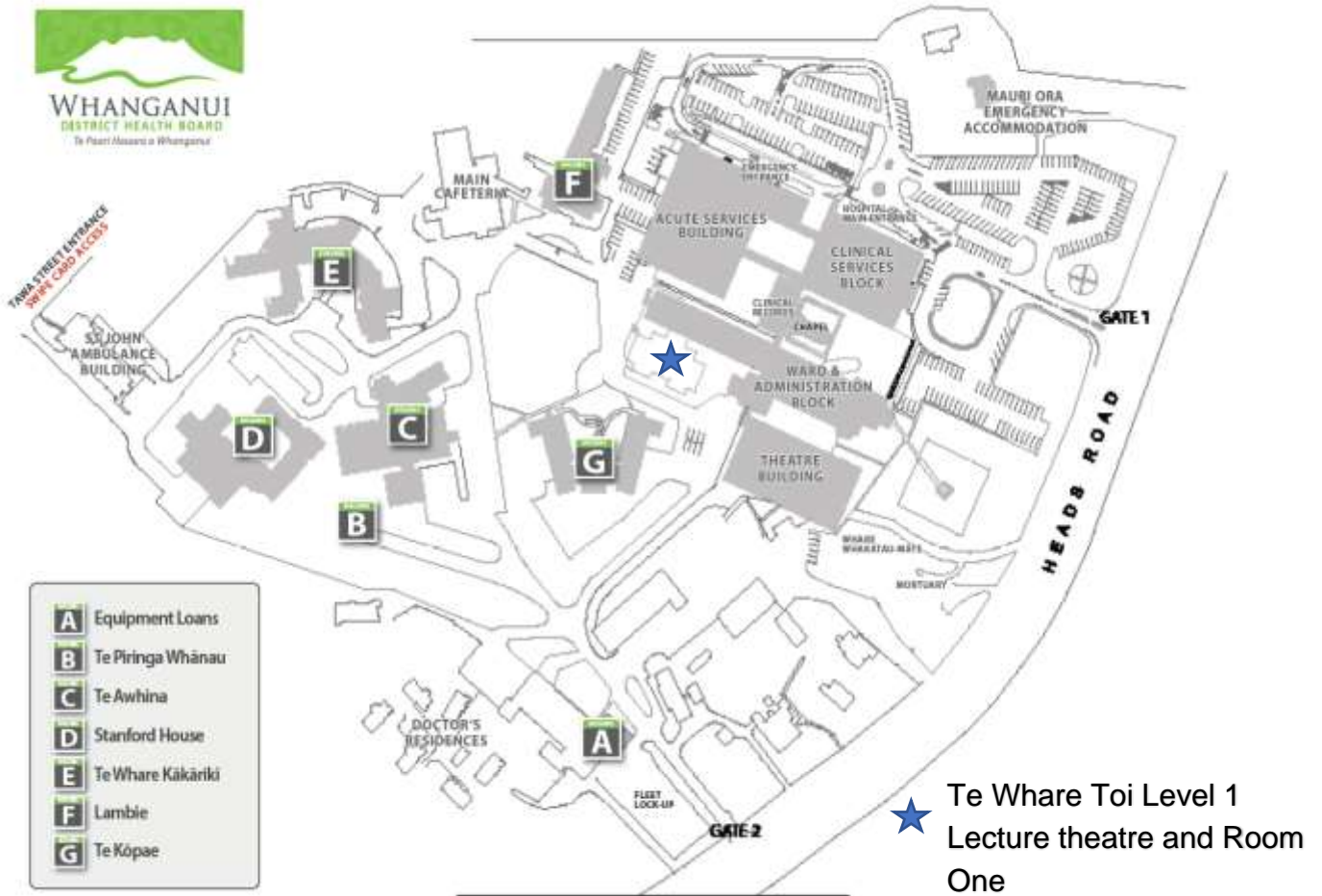
OFFICE USE ONLY	
Receipt Number	
Amount	

Instructions for Enrolment Through the Self-Service Kiosk (Te Whatu Ora Whanganui Staff Only)

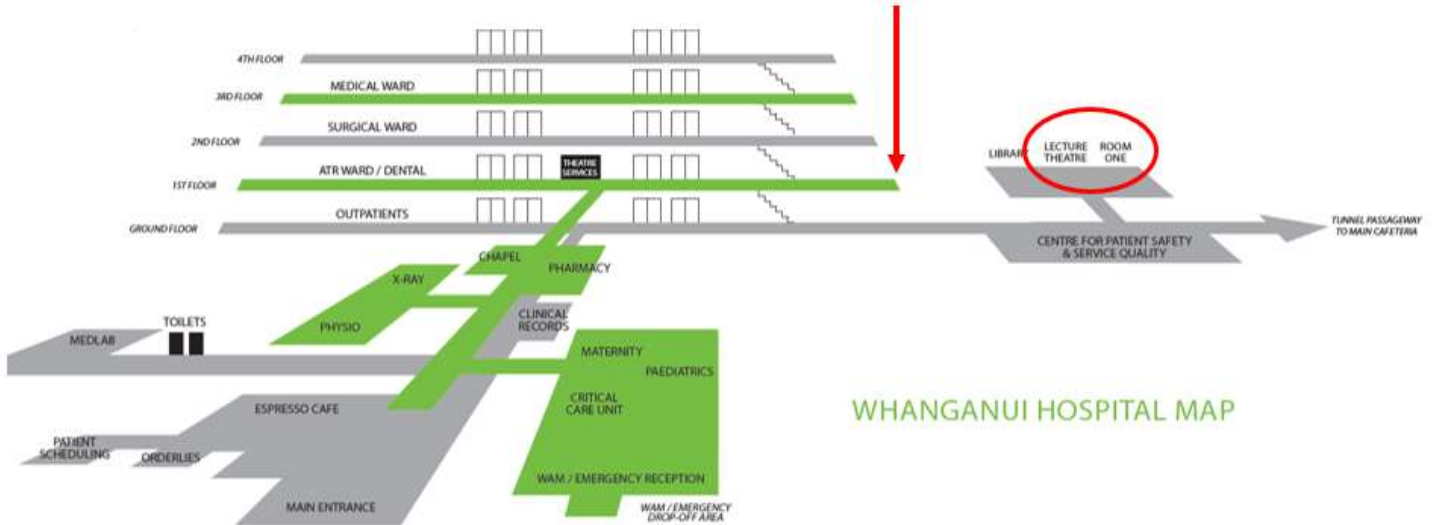
1. Log into the self-service Kiosk – link on the intranet or internet pages
2. Hover mouse over “my development”
3. Then Hover mouse over “training courses” in the drop-down menu
4. Click on “training calendar” from the lateral menu
5. Browse through the education populated on each calendar month
6. Click the training you want – take note of the spaces available/remaining
7. Click “book me on this course”
8. A request to attend is then sent to your line manager for them to approve your attendance
9. You will receive a confirmation e-mail when your study leave is approved



Te Whatu Ora Whanganui Campus Map



Te Whare Toi - Entrance, 1st floor double doors opposite the discharge lounge – follow the long corridor to the end.



Te Whare Toi Map



General Study Days

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose <ul style="list-style-type: none"> • Are you passionate about advanced care planning (ACP)? • Help grow the use of ACP • Learn how to translate an individual’s wishes into written documentation for their advance care planning • Gain experience in supporting patients and their family/whānau with ACP 		
Content <ul style="list-style-type: none"> • Advanced Care planning documentation • The law and how it applies to ACP • How to start an ACP conversation • How to document an ACP conversation 		
Maximum No. of Attendees	Dates for 2024	Final Dates for Enrolment
12	Tuesday 19 March Tuesday 30 July Tuesday 7 November	2 weeks prior to study day date
Duration	One day	0830 – 1530
Venue	Main Entrance, Level 1, Rimu Room, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Debra Mudgway - Debra.Mudgway@wdhb.org.nz	
Prerequisite	Online e-modules at Health Quality and safety Commission	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on Page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	Identifying and raise awareness of the necessary skills for dealing with aggression. To teach de-escalation, communication skills and techniques for disengagement and breakaway from physical assault or attack.	
Content	<ul style="list-style-type: none"> • Self-awareness De-escalation • Causes of aggression Personal safety • Assessment of risk Practical disengagement techniques • Patterns of behaviour Legislation considerations • Communication skills Debriefing of incidents 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
16	Wednesday 14 February Friday 12 April Friday 7 June Friday 2 August Friday 18 October Monday 18 November	2 weeks prior to study day date
Duration	One day	0900 - 1630
Venue	Rimu Classroom, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – Sarah.Holland@wdhb.org.nz	
Prerequisite	Nil	
Cost	\$50 Non-Te Whatu Ora Whanganui Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: All staff who engage in close observation in hospital settings	
Aim/purpose	<p>Caring for people with cognitive impairment in the general hospital setting presents a number of challenges and complexities of care. The requirement for close observation of people with impaired cognition is increasing dramatically.</p> <p>This one-day workshop provides a set of tools to enhance the knowledge and skill and attitudes of the participants towards providing person centred care. It also acknowledges the importance of self-care in working with behaviours of concern. There is an accompanying workbook for completion to evidence use of learning in practice</p>	
Content	<ul style="list-style-type: none"> • Dementia/delirium/confusion & Behaviours of concern overview • Person-centred care • Policy and documentation • Self-care and resilience • Environmental considerations • Sensory toolbox • Use of sensory trolley 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
15	Thursday 21 March Wednesday 4 September	7 March 2024 21 August 2024
Duration	One day – 8 Hrs	0830 - 1630
Venue	Rimu – Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Olive Redfern - Olive.Redfern@wdhb.org.nz	
Prerequisite	Review of the close care policy/procedure Depression, Delirium & Dementia Workshop Breakaway techniques	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Internal & External Staff	
Aim/purpose <ul style="list-style-type: none"> • Develop and refresh knowledge and understanding of the effects of Delirium • Utilisation of the most common tools for Detecting each “D” • Develop and refresh knowledge of Depression • Develop and refresh knowledge and understanding of 4 main types of Dementia • Recognise similarities and differences between Delirium, Depression and Dementia • Utilise a person-centred approach to care 		
Content <ul style="list-style-type: none"> • Person-centred care • Definitions of 3D's • Pathophysiology of 3D's • Screening tools • Treatment considerations 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
16	Wednesday 7 February Tuesday 8 October	24 January 24 September
Duration	3 hours	7 February - 9:00 - 12:00 8 October - 1:00 - 4:00
Venue	Manuka – Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Olive Redfern - Olive.Redfern@wdhb.org.nz	
Prerequisite	Nil	
Cost	Nil	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose The aim of the workshop is to prepare registered clinicians for their role in the supervision, mentoring, teaching and assessment of undergraduate students, new graduates, and clinicians new to a clinical area, including those from overseas. This workshop is a mixture of theory and experiential practice.		
Content <ul style="list-style-type: none"> • Introduction to preceptorship, Roles, Responsibilities and Expectations • Communication and providing feedback • Values and having difficult conversations • Learning styles and adult learning principles • Practice tools for assessment 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Monday 28 February Friday 22 March Wednesday 19 June Thursday 19 September Friday 25 October	2 weeks prior to the study day
Duration	1 day workshop + 8 hours self-directed study Reflection assignment	0830 - 1630
Venue	Rimu Room, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Sarah Marsh - sarah.marsh@wdhb.org.nz	
Prerequisite	Employed in an area where Participant is required to preceptor students and new colleagues	
Cost	Nil	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for Te Whatu Ora Whanganui Staff/External Staff	
Aim/purpose	<p>LEO is an International training course for nurses, midwives, and allied health professionals.</p> <p>LEO:</p> <ul style="list-style-type: none"> • Is facilitated by a health care leader and subject matter expert. • Uses evidence-based research, practice exercises, storytelling, and reflection to develop learners. • Uses a conceptual framework to explore and develop leadership. • Provides attendees with a value and evidenced based skills toolbox for their leadership development. 	
Content	<ul style="list-style-type: none"> • LEO Conceptual Framework • Centralised and Decentralised Approaches • Leadership and Management • Articulating Expectations • Responsibility, Authority and Accountability 	<ul style="list-style-type: none"> • Leadership Development • Relationship Building • Developing Capacity • Problem Processing • Commitment • Action Planning – Project Development • Project Delivery and Course Completion
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
23	<p>Course One – April 3,4,5 – 0830 – 1630</p> <p>Presentation Day – July 9 – 0900 – 1100</p> <p>Course Two – October 2,3,4 – 0830 – 1630</p> <p>Presentation Day – January 17 – 0900 – 1100</p>	3 days before study day starts
Duration	3 days plus a presentation day	
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	<p>Jevada Haitana - jevada.haitana@wdhb.org.nz</p> <p>Pauline Humm-Johnson - pauline.humm-johnson@wdhb.org.nz</p>	
Prerequisite	Nil	
Cost	\$65.00	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Anyone who works with parents/caregivers who experience Mental Illness or Addictions	
Aim/purpose	<p>'Let's Talk' is a brief, easy to use, evidence-based approach that trains professionals to a structured approach to encourage discussion with parents/caregivers who experience mental illness/addiction regarding their parenting, wellbeing, and development of their children. Divided into four modules, this package provides the clinician a practical tool to use with parents to explore strengths and vulnerabilities of each child in their whānau/family and possible ideas on how to strengthen strengths and address vulnerabilities. The approach views the parent as the expert on their own children. This stance empowers the parent to reflect on their parenting in the context of the mental illness/addiction they experience. 'Let's Talk' aims to make this conversation a routine part of the alliance between parents and professionals where they can explore the wellbeing and development of children and how their parent's mental illness/addiction is understood by them.</p>	
Content	Benefits, stance, mental health, addressing parental resistance, overview of process, developmental logs, strengths and vulnerabilities, empowering parents, readiness principles, and practitioner reflections.	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Tuesday 26 March Wednesday 31 July Tuesday 24 September	1 week prior to study day date
Duration	One day – 7.5 Hrs	0900 – 1630
Venue	<p>Tuesday 26 March - MICAMHAS, Building 'E' Te Whare Kakariki, Gate 2, Te Whatu Ora Whanganui</p> <p>Wednesday 31 July - Rimu Room, Te Whare Toi, Level 1, Te Whatu Ora Whanganui</p> <p>Tuesday 24 September - MICAMHAS, Building 'E' Te Whare Kakariki, Gate 2, Te Whatu Ora Whanganui</p>	
Key Contact	Jo Heap (CNE SPHC COPMIA) - Joanna.Heap@wdhb.org.nz	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on. Please also email joanna.heap@wdhb.org.nz</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff Study Day Registration Form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz Joanna.heap@wdhb.org.nz</p>

Target Audience	This study day is for: Te Whatu Ora Whanganui Staff Only	
Aim/purpose	This one-day training will introduce you to the mechanisms that underpin mindfulness and how this is connected to mental health and wellbeing.	
Content	<ul style="list-style-type: none"> • How mindfulness works and impacts on physical wellbeing • How to recognise unhelpful stress, and anxiety and tension in the body and mind and learn strategies to work skilfully with these. • Basic neuroscience, drawing on scientific findings of what happens physiologically when we purposefully train our attention on regular practice of mindfulness. • Practice to assist bringing mindfulness and positive psychology into your daily life and work. • Strategies to enhance personal wellbeing as well as tools can use in your practice 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
15	Tuesday 9 April Thursday 8 August	2 weeks prior to study day date
Duration	One day – 8 Hrs	0900 – 1630
Venue	Rimu Classroom Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Pauline Humm Johnson - Pauline.Humm-Johnson@wdhb.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

2x Day Workshops

Target Audience	This study day is for: Te Whatu Ora staff and External staff	
Aim/purpose	<ul style="list-style-type: none"> • Introduction/refresher to be able to provide professional supervision • Professional supervision is for anyone who wants to build regular reflective practice into their work role. • Develop your clinical and professional supervision skills with a strong focus on reflective practice • Examine the concept, role, purpose, and benefits of supervision in a wide range of professions • Obtain certificate of completion of professional supervision training 	
Learning Objectives/ Content	<ul style="list-style-type: none"> • Reflect on experience of providing and/or being a recipient of Supervision throughout professional practice. • Introduction to the synergistic supervision model and describe how the model applies in practise • Opportunity to practise specific elements of supervision around contracting, agenda building, working on an issue (Using Heron’s 6 Interventions Model), reviewing – and have received appreciative feedback from their peers in a small group and one-to-one setting. • Undertake two practise sessions of Supervision and completed a structured brief written reflection exercise around these practise sessions. • Opportunity to consolidate and demonstrate skills learnt through attending the additional one-day follow-up event, where skills learnt from the initial two days are practised in depth and feedback provided by peers using a detailed checklist with verbal and written feedback components 	
Maximum Number	Dates for 2024	Final Dates for Enrolment
24	Day One: 24 March 2024 Day Two: 24 April 2024	2 weeks prior to study day date
Duration	08:30 -1630pm	Morning & Afternoon Tea Provided
Venue	Te Piringa	
Key Contact	Lisa Flood lisa.flood@wdhb.org.nz	
Prerequisite	Pre reading/ Pre-Training Questionnaire (will be sent out on enrolment). In the intervening 6 weeks of the two-day workshops, participants will complete two practise sessions of Supervision and complete a brief, structured reflection exercise (to obtain certificate of completion).	
Cost	Free for Te Whatu Ora Staff Cost TBC on application for Non-Te Whatu Ora Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	The aim of the workshop is to support you to understand sensory modulation and to apply this to your practice in your work. This workshop will draw on the knowledge of all people at the training and will involve a great deal of interactive work.	
Content	<ul style="list-style-type: none"> • Review of principals of sensory modulation • Therapeutic use of self • Finding the just right level of arousal • Characteristics of sensory stimulation • Self-ration tool levels of arousal • Powerhouse of calming • Sensory based strategies • Supporting people to use the room • Clinical scenario • The service user leads it • Various presentations various approaches • Sensory preferences, planning and assessment 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Friday 14 June Friday 20 September	2 weeks prior to study date
Duration	One day – 8 Hrs	0900 – 1630
Venue	Rimu Room, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Sarah Holland - sarah.holland@wdhb.org.nz	
Prerequisite	Nil	
Cost	\$50	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Anyone who works with parents/caregivers who experience Mental Illness or Addictions	
Aim/purpose	<p>'Single Session Family Consultation' (developed by the Bouverie Centre in Australia and enhanced by The Werry Centre, New Zealand) is a brief model to encourage family/whānau engagement and inclusion. Participants will gain confidence in how to conduct a Single Session Family Consultation. The focus of this workshop is on engaging with and attending to the needs of family/whānau members in service contexts where the primary client is usually an individual (eg. Adult Mental Health and AOD services). The workshop equips participants with skills in facilitating productive and efficient meetings with families that can be adapted to fit the context of the workplace and client group.</p>	
Content	<p>Particular attention to the process of negotiating with the client/consumer about how the family consultation will occur is encouraged to avoid jeopardizing the primary relationship between the client and the practitioner. Participants will practice these skills in a safe and supportive learning environment. Topics also include how to put limits on topic discussion, helping the family/whānau to identify needs, and clarify how they could be involved in care and recovery.</p>	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Wednesday 8 May Tuesday 2 July Thursday 17 October	1 week prior to study day date
Duration	Full day – 7.0 Hrs	0900 – 1600hrs
Venue	Wednesday 8 May – Rimu Room, Level 1, Te Whare Toi Tuesday 2 July – Koromiko Room, Level 1, Te Whare Toi Thursday 17 October – Rimu Room, Level 1, Te Whare Toi	
Key Contact	Jo Heap (CNE SPHC COPMIA) – Joanna.Heap@wdhb.org.nz	
Prerequisite	Pre-workshop e-learning module to be completed before attendance. (Contact facilitator Jo Heap for further details) Joanna.Heap@wdhb.org.nz	
Cost	Free	
How to Register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on. Please also email – Joanna.Heap@wdhb.org.nz	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz Joanna.Heap@wdhb.org.nz

One Day Workshop

Target Audience	This study day is for Te Whatu Ora staff and External staff	
Aim/purpose	<ul style="list-style-type: none"> Supervision Refresher Training Registration via Lisa Flood Introduction/refresher to be able to provide professional supervision Professional supervision is for anyone who wants to build regular reflective practice into their work role. Develop your clinical and professional supervision skills with a strong focus on reflective practice Examine the concept, role, purpose, and benefits of supervision in a wide range of professions Obtain certificate of completion of professional supervision training update 	
Learning Objectives/ Content	<ul style="list-style-type: none"> Reflect on experience of providing and/or being a recipient of Supervision throughout professional practice. Updates on the synergistic supervision model / how the model applies in practise Opportunity to practise specific elements of supervision around contracting, agenda building, working on an issue (Using Heron's 6 Interventions Model), reviewing – and have received appreciative feedback from their peers in a small group and one-to-one setting. Opportunity to consolidate and demonstrate skills learnt through attending the additional one-day follow-up event, where skills learnt from the initial two days are practised in depth and feedback provided by peers using a detailed checklist with verbal and written feedback components. 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Tuesday 21 May 2024	2 weeks prior to study day date
Duration	08:30 -1630pm	Morning & Afternoon Tea Provided
Venue	Te Piringa	
Key Contact	Lisa Flood lisa.flood@wdhb.org.nz	
Prerequisite	Pre reading/ Pre-Training Questionnaire (will be sent out on enrolment).	
Cost	Free for Te Whatu Ora Staff Cost TBC on application for Non-Te Whatu Ora Staff	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	That staff gain knowledge and an understanding of the vulnerabilities or triggers of trauma survivors that traditional service delivery approaches may exacerbate so services can be more supportive and avoid re-traumatization	
Content	<ul style="list-style-type: none"> • Learning to ask “What happened to you, not what is wrong with you. • How does trauma affect people? • Prevalence of trauma. • How does trauma shape the survivor’s basic beliefs? 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Tuesday 12 March Wednesday 21 August	3 weeks before study day
Duration	One day – 8 Hrs	0900 - 1630
Venue	Rimu Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Pauline Humm-Johnson - Pauline.Humm-Johnson@wdhb.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Training 2024

Target Audience	This study day is for: Te Whatu Ora Whanganui Staff Only	
<p>Aim/purpose Welcome to our hospital. "Abuse of any kind is not okay, we know that being a victim or witnessing abuse can be linked to serious health problems". The VIP programme is run at all hospitals across Aotearoa and is a key part of a whole of Government approach to addressing family violence and protecting vulnerable children. The VIP programme is mandatory for all clinical staff to attend and you should be registered to attend this during your orientation to our hospital.</p>		
Course	Dates for 2024	Other information
<p>Core VIP Clinical Starts 8:30 – 5:00pm (8 hrs)</p> <p>NOTE: Pre -online training MUST be completed prior to attendance. See information below to access this</p>	<p>28 February 27 March 24 April 29 May 26 June 28 August 25 September 30 October 27 November</p>	<p>If you have not completed pre-online training, you will not be able to attend the training day</p>
<p>Refresher (clinical staff only) (2.45 hrs) All training starts 1330 - 1535</p>	<p>13 March 17 April 16 May 19 June 14 August 18 September 16 October</p>	<p>To be done every 2 years after completion of CORE VIP training</p>
<p>Nonclinical/admin (3 hrs) 1330 - 1630</p>	<p>1 May 4 September</p>	
<p>Advanced Clinical VIP CHAMPIONS only (1300 - 1500) (2 hrs)</p>	<p>15 February 9 May 12 September</p>	
<p>DVFREE 1st RESPONDERS Debriefing</p>	<p>15 February 3-4pm 9 May 12- 1pm 12 September 3-4pm</p>	<p>After VIP clinical champs meeting</p>
<p>Elder Abuse & Neglect Starts 0930 - 1230 (3 hrs)</p>	<p>7 March 4 July</p>	

<p>Power to Protect (1 hr)</p> <ol style="list-style-type: none"> 1. You will need to register with Learn Online if not already registered. 2. Please log on to LearnOnline https://learnonline.health.nz/index.php Select “Shaken baby” and complete the program. <p>Print or copy your certificate and email to Trendcare at TrendcareEnquiries@wdhb.org.nz</p>	<p>Available anytime on LearnOnline</p>	<p>Please contact the Child Protection coordinator to discuss this training further if needed on Ext - 8429</p>
<p>Venue</p>	<p>All training is held in Room One, Ground Floor Te Whatu Ora Whanganui</p>	
<p>Key Contact</p>	<p>VIP coordinator Hayley Herkes on 021 901554</p>	
<p>Prerequisite</p>	<p>Participants must complete the online VIP pre-training module before attending the in-person Core VIP Clinical 8-hour training day, and prior to registering. If you have not completed the pre-training module you will not receive your certificate until this is completed. The module can be accessed on Ko Awatea https://koawatealearn.co.nz/course/view.php?id=5795 and a certificate will be generated upon completion that you will need to present to the facilitators on the day.</p> <p>This online module will ensure that prior to attending the Core training day, participants have some introductory knowledge about Intimate Partner Violence (IPV) and Child Abuse and Neglect (CAN), including basic theories and legislation.</p> <p>Completing the pre-training module prior to registration for the day provides a chance for DHB staff to raise any issues or concerns they may have about attending without disrupting work rosters and schedules.</p>	
<p>Cost</p>	<p>Free</p>	
<p>How to register</p>	<p>Te Whatu Ora Whanganui Staff Only</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on. Instructions for Enrolment Through the Self-Service Kiosk</p>	

Walking in Another's Shoes (WiAS)

Steps towards positive well-being in dementia care

Training Programme

Target Audience	This study day is for: All internal & external staff who support people living with Dementia	
Aim/purpose	<p>This 8-session programme is offered to Caregivers, Health Care Assistants, Activity Officers, Diversional Therapists and Registered Health Professionals across Whanganui region. Students who have completed the programme say it has helped them:</p> <ul style="list-style-type: none"> • Increase their knowledge and understanding about Dementia. • Feel more supported at work. • With new approaches in their work. • Improve confidence and job satisfaction. • Link with like-minded people and share ideas 	
Content	<p>Designed for people wishing to understand more about dementia and gain confidence working in the area. The Dementia Care Educator also provides support in the workplace throughout the programme. Workshops 1, 2 & 8 are compulsory attendance and a minimum of six workshops is required to graduate the programme</p> <p>Topics include: Detecting Dementia, Carer support, Cultural considerations, Environmental considerations, Teamwork, Physical aspects of Dementia</p>	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	January 31 – June 26 (specific dates and programme details will be advised on confirmation of acceptance on the programme)	Wednesday January 10 2024
Duration	3 weekly	1000 – 1600
Venue	Rona Palmer Lounge, Kowhainui Home & Village, 88 Virginia Rd, Otamatea Whanganui	
Key Contact	Olive Redfern - Olive.Redfern@wdhb.org.nz or 021588275 to discuss	
Prerequisite	Target Audience: People working with and supporting people living with Dementia	
Cost	Free	
How to register	All Registrations to Olive Redfern please Olive.Redfern@wdhb.org.nz	

Target Audience	This study day is for: Graduates of Walking in Another's Shoes	
Aim/purpose <ul style="list-style-type: none"> To revise an aspect of the Walking in another's shoes programme To promote ongoing use of person-centred care approach To add the skill set of graduates of the programme 		
Content <ul style="list-style-type: none"> Who in the World am I Let's Walk together Enhancing Communication Knowing me – knowing you Person-centred care Communication skills Cognitive stimulation overview Teamwork Environmental considerations 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
15	Will be organised once level of interest is established	TBA
Duration	4 Hrs	TBA
Venue	TBA	
Key Contact	Olive Redfern - Olive.Redfern@wdhb.org.nz Please specify which topic you are interested in	
Prerequisite	Must have completed the Walking in Another's Shoes Programme	
Cost	Free	
How to register	All expressions of interest and registrations to Olive Redfern – Please specify which topic interests you Olive.Redfern@wdhb.org.nz	

Target Audience	This study day is for: Anyone who, in their professional capacity, has contact with parents/caregivers who experience Mental Illness or Addictions	
Aim/purpose	<ul style="list-style-type: none"> • Reflect on the effects of mental illness and addiction on parenting and the effects of parenting on mental illness/addiction • Analyse the stressors and supports that can affect the parenting role and parent's recovery from mental illness/addiction, including the role of Mental Health & Addiction Services • Describe the risk and protective factors that influence a child's development and well being • Reflect on how to improve the resilience of children who have a parent who experiences mental illness/addiction and explain factors that enhance family resilience • Describe the role and issues of carers within a family where a parent experiences mental illness/addiction, in particular young carers, and grandparent carers • Reflect on how a child and family focus can be applied to everyday work practice when supporting families within the mental health and addiction system 	
Content	Risk and protective factors, determinants affecting mental health, stigma, service user as a parent, barriers for clinicians, importance of talking to children, impact of mental illness on the family, strengths-based approach, practical steps for clinicians, young carers, and grandparent carers.	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Tuesday 27 February Thursday 6 June Tuesday 20 August Wednesday 20 November	1 week prior to study day date
Duration	One day – 7.5 Hrs	0900 – 1630
Venue	Tuesday 27 February – Womens & Children Meeting Room 1 (MICAMHAS), Building 'E', Gate 2, Te Whatu Ora Whanganui Thursday 6 June – Rimu Room, Te Whare Toi, Te Whatu Ora Whanganui Tuesday 20 August – Womens & Children Meeting Room 1 (MICAMHAS), Building 'E', Gate 2, Te Whatu Ora Whanganui Wednesday 20 November – Rimu Room, Te Whare Toi	
Key Contact	Jo Heap (CNE SPHC COPMIA) Joanna.Heap@wdhb.org.nz	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on. Please also email – Joanna.heap@wdhb.org.nz	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz Joanna.heap@wdhb.org.nz

Target Audience	This study day is for: This workshop is designed for clinical staff involved with infusion therapy competency assessment or PDRP portfolio assessments	
Aim/purpose	The aim of the study day is to provide up to date information on best practice infusion therapy and PDRP assessment. Revisit the principals of assessment for both infusion related therapy and PDRP portfolio assessments in the workplace.	
Content	<ul style="list-style-type: none"> • Understand the principles of assessment • Assessment criteria & collecting evidence • Assessment and planned questioning • Apply various teaching and learning styles • Effective skill & integrated assessment • Providing effective feedback and positive reinforcement • Know the systems and processes for infusion training and subsequent certification 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Thursday 4 April Thursday 31 October	1 week prior to study day date
Duration	One Day	0830 - 1630
Venue	Te Whare Toi, Te Whatu Ora Whanganui	
Key Contact	Deborah Mudgway - Debra.Mudgway@wdhb.org.nz	
Prerequisite	Participants are supported by the CNM/Manager to be a workplace assessor. Attendees must hold a current Medicines Management Competency and prior understanding of PDRP is essential. Completion of OP4098 Using Standards to Assess Candidate Performance (Level 4). Register for OP4098: Using Standards to Assess Candidate Performance Online Course (openpolytechnic.ac.nz)	
Cost	No cost to Te Whatu Ora Whanganui Staff - \$30.00	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Physical Health Study Days

Target Audience	This study day is for Te Whatu Ora Whanganui Staff Only	
Aim/purpose	<ul style="list-style-type: none"> This training is presented by Fisher & Paykel Healthcare with the aim to cover all aspects of humidification, respiratory therapies, and their clinical application. 	
Content	<ul style="list-style-type: none"> Humidity- Physiology of the airway Breathing Circuits – set up, application and troubleshooting of devices Optiflow – Nasal High Flow Therapy Hands on Interactive Sessions 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Thursday 5 September	4 weeks prior to study day date
Duration	One Day	0845 - 1600
Venue	Rimu, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Maura Skilton (CCU RN) - Maura.Skilton@wdhb.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Please email Maura Skilton - Maura.Skilton@wdhb.org.nz	

Target Audience	This study day is for: RNs and ENs involved in care of chronic wounds – community and inpatient	
Aim/purpose	To develop specialised ulcer diagnostic knowledge with best practice interventions. To learn and practice generalised peripheral vascular assessments to aid in identification of inadequate limb circulation. To begin learning compression bandaging and other compression options/application techniques.	
Content	<ul style="list-style-type: none"> • Antimicrobial Stewardship • Arterial Ulcers • Venous Ulcers • Autoimmune Ulcers • Compression bandaging/Stockings/Wraps 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Tuesday 7 May	
Duration	One day	0900 – 1600
Venue	Room One, Ground Floor Te Whatu Ora Whanganui	
Key Contact	Emma Hall – Emma.Hall@wdhb.org.nz Aswathy Sadasivan – Aswathy.Sadasivan@wdhb.org.nz	
Prerequisite	Must have attended Wound Care 1 and 2 in the last 2 years	
Cost	\$30 Non-Te Whatu Ora Whanganui Staff	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Te Whatu Ora Whanganui staff and external across all disciplines	
Aim/purpose	<ul style="list-style-type: none"> To assist all health professionals and non-regulated work force carers to make informed choices, when providing care for bariatric patients while in the Hospital. 	
Content	<ul style="list-style-type: none"> Ethics of care Policy and procedure Body types and their impact on mobility, exercise, and activity Respiratory and emergency management Hygiene, continence, pressure injury prevention and wound care Nutritional considerations Fit for surgery community programme Imaging considerations Equipment workshop and case study presentation 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Tuesday 15 October	Wednesday 20 th September
Duration	One day – 8 Hrs	0830 - 1600
Venue	Rimu and Puriri Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Kim Sanderson - Kim.Sanderson@wdhb.org.nz	
Prerequisite	None	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Te Whatu Ora Whanganui Staff Only	
Aim/purpose	<ul style="list-style-type: none"> Gain background knowledge of anatomy of peritoneal dialysis Enable staff to care of the patient on peritoneal dialysis Train staff to perform CAPD exchange, problem solve. Understand management of fluid control in this group of patients 	
Content	<ul style="list-style-type: none"> Background anatomy of peritoneal dialysis Care of patient on peritoneal dialysis in the inpatient or emergency setting Practical – CAPD exchange Fluid management Problem solving 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	20 February 2024	2 weeks prior to study day
Duration	1 day	0800 – 1630
Venue	Rimu Te Whare Toi	
Key Contact	Sue Curry sue.curry@wdhb.org.nz	
Prerequisite	Registered nurses caring for peritoneal dialysis patient as inpatient or emergency	
Cost	Nil	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose: To provide common cardiac conditions and management both in primary and secondary care.		
Content: <ul style="list-style-type: none"> • Cardiac anatomy and physiology Chest pain <ul style="list-style-type: none"> • Identifying ACS • Differential diagnoses • Acute management and Long-term management in the community • Lifestyle modifications Basic ECG Interpretation and arrhythmia detection <ul style="list-style-type: none"> • Understanding normal conduction, ECG lead placement • Identifying sinus rhythm • Systematic analysis of ECG • Arrhythmia analysis • Life threatening arrhythmias Heart Failure <ul style="list-style-type: none"> • What is HF • Pathophysiology • Signs and symptoms • Acute management Long term management in the community		Atrial Fibrillation <ul style="list-style-type: none"> • What is AF • Risk factors • Complications of AF • CHAD2 Vasc score and HASBLED score awareness • Treatment in primary and secondary care Cardiac pharmacology <ul style="list-style-type: none"> • Common cardiac drugs in primary and secondary care. Hypertension <ul style="list-style-type: none"> • What is HTN • Causes, risk factors, complications of HTN • Assessment, Diagnoses, and classification of HTN • Primary and secondary care treatment for HTN
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Wednesday 14 August	Wednesday 31 July
Duration	8 Hrs	0800 – 1630
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Paul Boden (LTC Nurse Practitioner) paul.boden@wdhb.org.nz	
Prerequisite	Pre reading about anatomy physiology and cardiac assessment will be sent few weeks prior to the SD	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Central Venous Line (CVL) Care and Maintenance Workshop

Target Audience	This study day is for: All Clinical staff. Te Whatu Ora Whanganui staff	
Aim/purpose	This training package is for information purposes to develop knowledge and understanding of Central Venous Line Care and Maintenance. It will be utilised as a basis for performing this procedure safely and effectively and to ensure that all staff are provided with relevant evidenced-based skills.	
Content	<ul style="list-style-type: none"> Central venous line (CVL) care and maintenance. Hands on dressing technique 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Thursday 29 February Thursday 28 March Tuesday 11 June Monday 2 September Thursday 24 October	2 weeks prior to study day date
Duration	4 Hrs	0900 - 1300
Venue	Manuka Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson - bronwynne.anderson@wdhb.org.nz	
Prerequisite	Anyone registering for the CVL main course must have a current intravenous certificate.	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	To provide information and knowledge on the management of CKD in primary and secondary health care.	
Content:	<p>Equality of care in Chronic Kidney disease (CKD)</p> <p>Clinical Management of CKD</p> <ul style="list-style-type: none"> • What is End Stage Kidney Disease (ESKD) • Signs & symptoms of uraemia • Complications of ESKD • Goals of treatment management (shift the goal post) • Monitoring & management • Preparation of the patient for kidney failure treatment options <p>Clinical management of UTI in chronic kidney disease</p> <p>Changes in the management of dialysis</p> <p>Kidney Failure Replacement Therapies</p> <ul style="list-style-type: none"> • Selection of the most suitable therapy • Pre-dialysis • Haemodialysis • Transplant • Peritoneal dialysis • Supportive care 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
	Thursday 9 May	2 weeks prior to study day date
Duration	8 Hrs	0815 – 1630
Venue	Lecture theatre, Te Whatu Ora Whanganui	
Key Contact	Sue Curry sue.curry@wdhb.org.nz Frith Teka - frith.teka@wdhb.org.nz	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Internal & External Staff	
Aim/purpose <ul style="list-style-type: none"> • Understand normal bladder and bowel functioning • Overview of containment products • Understand the different types of incontinence and their causes • Understand urological anatomy and apply critical thinking • Understand the correct catheterisation process and management 		
Content <ul style="list-style-type: none"> • Best practice management of urinary and faecal incontinence • Assessment and investigation processes • Case studies • Catheter troubleshooting • Hands on workshops and demonstrations 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Wednesday 16 October	2 weeks prior to study day date
Duration	One day	0830 - 1600
Venue	Rimu Room Te Whare Toi Te whatu Ora Whanganui	
Key Contact	Sarah Marsh - sarah.marsh@wdhb.org.nz Katherine McMinn - katherine.mcminn@wdhb.org.nz	
Prerequisite	Nil	
Cost	\$30 Non Te Whatu Ora Whanganui Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External staff	
Aim/purpose	<ul style="list-style-type: none"> Develop an understanding of advanced resuscitation techniques, knowledge, and skills. Previously known as ACLS. 	
Content	<ul style="list-style-type: none"> Adult and child collapse Defibrillation Airway management Team building skills and team leading in a resuscitation setting Scenarios Formal assessment of resuscitation skills and theory test 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Wed 31 January Wed 21 February Wed 13 March Wed 3 April Wed 17 April Wed 15 May Wed 5 June Wed 26 June Wed 17 July Wed 7 August Wed 28 August Wed 18 September Wed 9 October Wed 30 October Wed 20 November	4 Jan 25 Jan 15 Feb 7 Mar 21 Mar 18 Apr 9 May 30 May 20 Jun 11 Jul 1 Aug 22 Aug 12 Sep 3 Oct 24 Oct
Duration	One day – 8 Hrs	0800 - 1630
Venue	Koromiko Room, Te Whare Toi - Te Whatu Ora Whanganui	
Key Contact	Robert Smith – Robert.Smith@wdhb.org.nz	
Prerequisite	Pre reading 3 weeks prior Nb: This course is not suitable for new graduate nurses	
Cost	\$400 Non-Te Whatu Ora Whanganui Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Te Whatu Ora RN's new to critical care or high dependency care	
Aim/purpose	Two eight- hour study days for nurse new to critical care or high dependency nursing environment. The August and September study days are a repeat of the March and April days.	
Content	<ul style="list-style-type: none"> Utilising systematic tools for patient assessment, communicating and documenting care in critical care/HDU (ICU chart, ISBAR, ISBAR handover sheet, body systems-based progress notes) Physical assessment of the unwell patient (respiratory, neuro, cardiovascular, and abdominal assessment) Chest pain management and ECG interpretation Basic interpretation of chest x rays Management and monitoring of invasive lines (CVL, arterial lines) Code stroke Recognition and management of common disease process (Sepsis, DKA, acute exacerbation COPD, pancreatitis, acute pulmonary oedema, acute brain injury) Initiating, monitoring and management of respiratory support in the patient with respiratory distress (HFNP, NIV, mechanical ventilation) Interpretation of arterial and venous blood gases Ventilation emergencies Management of UWSD Use of IV fluid pumps, syringe drivers, drug profiles. Management and titration of medications for haemodynamic support in the critically unwell patient (inotropes, vasopressors, sedation anti-arrhythmic) Organ donation Care of the deceased patient 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Day 1 - March 7 Day 2 - April 8 Day 1 - August 22 Day 2 - September 26	2 weeks prior to study day date
Duration	8 hours each day	0800 - 1630
Venue	Koromiko Room, Te Whare Toi	
Key Contact	Maura Skilton Maura.Skilton@wdhb.org.nz Mob: 0274496954	
Prerequisite	ACLS level 6. Current IV competencies	
Cost	Nil	
How to register	Email: Maura Skilton - Maura.Skilton@wdhb.org.nz	

Advanced Diabetes Management Course

Target Audience	This study day is for: GPs, Nurses, Pharmacists, Dietitians, Podiatrists, and other Allied Health professionals who have a foundation knowledge of Diabetes Management	
Aim/purpose	<ul style="list-style-type: none"> • Improve health professional’s knowledge of diabetes management • Improve health professional’s confidence and ability to provide effective diabetes management 	
Content	<ul style="list-style-type: none"> • Updates on all aspects of diabetes care • Recommended management & insulin algorithms • Use of Empagliflozin, Dulaglutide and Liraglutide • Changes in management of complications • Sick day management 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
	Check Website	Check Website
Duration	Eight weekly 30 minute webinars and eight 30 minutes case/discussions/mentoring sessions over a 20 week period	<p>Webinars: Mondays 7pm & Thursdays 1pm + a recording each week</p> <p>Mentoring sessions: Monday’s 1pm & 7pm Wednesday’s 1pm & 7pm Thursdays 1pm + a recording each week</p>
Venue	Online Programme	
Key Contact	Ryan.Paul@waikatodhb.health.nz	
Prerequisite	None	
Cost	Free	
How to register	www.aotearoadiabetescollective.org.nz/advanced-diabetes-management-course/ This course is popular so suggest registering your interest early to secure a spot.	Register your interest via the website ‘Registrations of interest for 2024’

Fundamental Level

Target Audience	This study day is for: All health professionals providing care for people with Diabetes in New Zealand	
Aim/purpose	<ul style="list-style-type: none"> To assist in developing skills to work effectively with individuals and whanau/ families who live with diabetes 	
Content	<ul style="list-style-type: none"> The content of the programme aligns with the National Diabetes Nursing Knowledge and Skills Framework 2018 (NDNKSF), the NZ National Integrated Knowledge, Skills and Career Framework for Diabetes Dietitians (2016) and the draft Podiatry Competency Framework for Integrated Diabetic Foot Care in New Zealand Topics covered include: what is diabetes, glycaemic control – non insulin diabetes therapy & insulin therapy, monitoring glycaemic control, nutrition plan & weight management, self-management, hypoglycaemia, hyperglycaemia, steroid therapy, complications, hypertension/cardiovascular disease, diabetic retinopathy, high risk foot, nephropathy, bariatric surgery (15 modules) 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
Not applicable	Self-directed online learning	Not applicable
Duration	Approx. 10–20 hours	Negotiate study leave with manager for dedicated time to complete modules
Venue	Online programme self-directed learning	
Key Contact	Specialist Diabetes Team diabetes@wdhb.org.nz	
Prerequisite	None	
Cost	Free	
How to register	Self-enrolment at www.nzssd.org.nz click on NZSSD Online Health Learning Platform tab	

Target Audience	These online sessions are for all health professionals providing care for people with diabetes in New Zealand	
Aim/purpose	<ul style="list-style-type: none"> Clinical networking from a diabetes perspective Keep up to date with current diabetes trends and treatments 	
Content	<ul style="list-style-type: none"> Update on funded insulin pumps and continuous blood glucose monitoring Diabetes in Pregnancy 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
Unlimited	9 April 6 August	2 weeks prior
Duration	1 hour	1200 - 1300
Venue	Online Webinars/discussion	
Key Contact	Specialist Diabetes Team diabetes@wdhb.org.nz	
Prerequisite	None	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Email the Specialist Diabetes Team @ diabetes@wdhb.org.nz at least 2 weeks prior to the scheduled event to register your interest.</p> <p>A meeting link will be emailed to you in the week prior to the evening occurring.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Email the Specialist Diabetes Team @ diabetes@wdhb.org.nz at least 2 weeks prior to the scheduled event to register your interest.</p> <p>A meeting link will be emailed to you in the week prior to the evening occurring.</p>

Target Audience	This Study Day is for: Te Whatu Ora Whanganui Staff RNs and RMOs	
Aim/purpose	<ul style="list-style-type: none"> • Develop an understanding of Epidurals • To be able to safely manage Epidurals • Strategies that may be used to improve patient comfort • Gain fundamental knowledge to advance clinical skills 	
Content	<ul style="list-style-type: none"> • Definition • Anatomy • Equipment • Care of patient with Epidural • Complications and troubleshooting • Practical hands-on session 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Thursday 18 April Thursday 14 November	2 weeks prior to study day date
Duration	4Hrs	0900 - 1300
Venue	Manuka Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson - Bronwynne.Anderson@wdhb.org.nz	
Prerequisite	N/A	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Study Day

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	For attendees to become familiar with the falls and pressure injury programmes at Whanganui Te Whatu Ora. To develop assessment, classification, and management skills in relation to falls and pressure injury prevention. Workbook / Resources provided for information on referrals and for post study day reflection and assessment opportunity for additional Professional Development Hours.	
Content	<ul style="list-style-type: none"> • Frailty and fracture discussion • Assessment of mobility • MDT perspective • Pathophysiology and aetiology of pressure injuries • Classification and management of pressure injuries • Skin assessment and preventative measures • Practical activities to reinforce knowledge 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
18	Thursday 11 April Tuesday 3 September	
Duration	7 Hrs Study Day (Additional 1 hour extra if completed online course below)	0900 - 1600
Venue	Manuka Room, Te Whare Toi - Te Whatu Ora Whanganui	
Key Contact	Sarah Marsh - Sarah.marsh@wdhb.org.nz Nurse Educator - 021 478 769	
Prerequisite	Pre reading/ online module- (1hr) Pressure Injury Prevention - the SSKIN Model Ko Awatea: learn Online Course	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: RNs and ENs, community and inpatient	
Aim/purpose	<p>This is an advanced wound care study day that provides an introduction to negative pressure wound therapy. The study day covers theory and practical play. You will get x1 sign off towards your competency and then are expected to complete a further x2 NPWT applications for sign off in your area of practice.</p> <p>This study day is only suitable for staff working in locations where NPWT is actively being used. After you have achieved your x3 applications for competency, you can practice NPWT independently in your workplace. Recertification requirements: Repeating NPWT study day & competencies every 3years.</p>	
Content	<ul style="list-style-type: none"> • Equipment • History and science of NPWT • PICO and VAC • How to get NPWT underway • Overview of negative pressure wound therapy (NPWT) • Practical 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Friday 9 April Tuesday 8 October	
Duration	One day	0900 - 1600
Venue	Room One, Ground Floor -Te Whatu Ora Whanganui	
Key Contact	Emma Hall - Emma.Hall@wdhb.org.nz Aswathy Sadasivan – Aswathy.Sadasivan@wdhb.org.nz	
Prerequisite	Must have attended Wound Care 1 and 2 in the last 2 years	
Cost	\$30 Non-Te Whatu Ora Whanganui Staff	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	<ul style="list-style-type: none"> • Develop an understanding of the mechanisms of pain • Differences between acute and chronic pain • Strategies that may be used to improve patient comfort • Gain fundamental knowledge to advance clinical skills in the management of patients with acute or chronic pain 	
Content	<ul style="list-style-type: none"> • Anatomy and physiology of pain • Pain assessment • Pharmacology • Patient teaching • Practical scenarios • Question and answer session 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Thursday 14 March Thursday 12 September	2 weeks prior to study day date
Duration	One day	0900 – 1630
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson – Bronwynne.Anderson@wdhb.org.nz	
Prerequisite	N/A	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Skills Workshop

Target Audience	This study day is for: All Clinical staff. Te Whatu Ora Whanganui staff and Primary Health Care	
Aim/purpose This training package is for information purposes to develop knowledge and understanding of peripheral intravenous cannulation and phlebotomy. It will be utilised as a basis for performing this procedure safely and effectively and to ensure that all staff who perform IV cannulation and venepuncture are provided with relevant evidenced-based skills.		
Content <ul style="list-style-type: none"> • Phlebotomy techniques and equipment • Cannulation techniques and equipment 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
<ul style="list-style-type: none"> • Phlebotomy workshop (6) • Cannulation workshop (6) 	Wednesday 14 February Thursday 7 March Wednesday 17 April Wednesday 1 May Wednesday 19 June Friday 26 July Thursday 22 August Friday 20 September Wednesday 2 October Thursday 21 November Thursday 5 December	1 week prior to study day date
Duration	Phlebotomy - 3 hours Cannulation - 3 hours Note: You may attend both or individual workshop/s.	0900 – 1200hrs 1300 – 1600hrs
Venue	Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Deborah Mudgway, Nurse Educator/ Infusion Therapy Coordinator Debra.Mudgway@wdhb.org.nz	
Prerequisite	Anyone registering for the cannulation course must have a current intravenous certificate.	
Cost	No cost to Te Whatu Ora Whanganui staff \$30.00 per session i.e. \$40 if attending both Phlebotomy and Cannulation Workshops	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Te Whatu Ora Whanganui staff RNs/RMOs	
Aim/purpose	<ul style="list-style-type: none"> To learn about the process of deciding on insertion Troubleshooting Care and maintenance 	
Content	<ul style="list-style-type: none"> Definition Indications, contra indications, advantages, disadvantages Basic anatomy Patient preparation and measurement Procedure, documentation Insertion related issues, troubleshooting Care and maintenance, removal Hands on session with mannequin 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Thursday 15 February Thursday 28 November	2 weeks prior to study day date
Duration	7 Hrs	0900 - 1600
Venue	Manuka Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson - Bronwynne.Anderson@wdhb.org.nz	
Prerequisite	N/A	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: Te Whatu Ora Whanganui Staff RNs and RMOs	
Aim/purpose	<ul style="list-style-type: none"> To provide an overview of portacaths for staff who might be caring for patients with an implanted port 	
Content	<ul style="list-style-type: none"> Definition Indications, contra indications, advantages, disadvantages Basic anatomy and insertion Accessing and de accessing Care and maintenance, removal Troubleshooting Hands on session with mannequin 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Monday 8 April Monday 14 October	2 weeks prior to study day date
Duration	3 Hrs	1300 - 1630
Venue	Manuka Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson - Bronwynne.Anderson@wdhb.org.nz	
Prerequisite	N/A	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: Internal and External Staff. Replaces ALERT course	
Aim/purpose <ul style="list-style-type: none"> • Designed to assist ward nurses, doctors and allied health professionals recognise ‘at risk’ patients and begin essential early interventions • To identify organ impairment or organ failure at an early stage • To initiate treatment to prevent the spiralling cascade of multiorgan failure • Improve communication skills require to facilitate care 		
Content <ul style="list-style-type: none"> • Assessing the critically ill patient • Pain relief in critical illness • Organisational and communication skills • Scenario based learning 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
16	Thu 15 February Wed 6 March Mon 8 April Wed 22 May Mon 10 June Wed 10 July Mon 12 August Mon 7 October Wed 23 October Fri 29 November	
Duration	One day – 8 Hrs	0830 – 1630
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Robert Smith – Robert.Smith@wdhb.org.nz	
Prerequisite	nill	
Cost	\$50	
How to register	Te Whatu Orra Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Primary and Secondary Staff including RNs, ENs, RMOs, Support Workers, and Allied Health professionals	
Aim/purpose <ul style="list-style-type: none"> To advance your knowledge of common Respiratory conditions, inhaled medications & devices To advance your knowledge of best practice guidelines and local pathways To advance your knowledge of spirometry basics To advance your knowledge of Sleep hygiene To advance your knowledge of Respiratory physiotherapy in chronic lung disease 		
Content <ul style="list-style-type: none"> Common Respiratory Conditions. Covering an overview of asthma, COPD, and brief discussion of Bronchiectasis, and interstitial lung. Why Use a Spacer? When to use a nebulizer? Turbuhaler, Inhalers, Accuhaler, which device to use The Role and Use of Medications in Patients with Respiratory Disease including oxygen. Asthma/COPD case study incorporating best practice guidelines Local Pathways Spirometry (basics & interpretation) Obstructive Sleep Apnoea/Sleep hygiene Respiratory physiotherapy in chronic lung disease 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Wednesday 12 June	2 Weeks Prior
Duration	One day – 8 Hrs	0830 - 1630
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Paul Boden (Paul.Boden@wdhb.org.nz)	
Prerequisite	Optional Ko Awatea respiratory workbook for Waikato	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	The aim of this course is to provide clinical staff with an understanding of the management and treatment options of a patient who has had a stroke	
Content	<ul style="list-style-type: none"> • Pathophysiology • Assessment and early intervention • CODE stroke, NIHSS • Acute treatment & management • Understanding common diagnostic tests, interpreting results and desired outcomes • Rehabilitation – MDT focus • Te Whare Tapa Wha model of health 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Thursday - 08/02/2024 Thursday - 25/07/2024	2 weeks prior to study day
Duration	One day	0830 - 1630
Venue	Rimu Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	<ul style="list-style-type: none"> • Akesh Pillai – Acute Stroke Team – Akesh.Pillai@wdhb.org.nz • Amanda Van Elswijk – Clinical Nurse Manager Amanda.VanElswijk@wdhb.org.nz 	
Prerequisite	Nil	
Cost	\$30 Non-Te Whatu Ora Whanganui staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External staff – Nurses Only	
Aim/purpose	The aim of this course is to provide clinical staff with an understanding of the management and treatment options of a patient who has had a stroke	
Content	<ul style="list-style-type: none"> • Pathophysiology • Assessment and early intervention • CODE Stroke Pathway • Acute treatment & management • Understanding common diagnostic tests, interpreting results and desired outcomes • Rehabilitation – MDT focus • Te Whare Tapa Wha model of health 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
15	Friday 24 May Thursday 10 October	2 weeks prior to study day
Duration	One day	0830 – 1630
Venue	Rata – Rimu, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Akesh Pillai – Acute Stroke Team – Akesh.Pillai@wdhb.org.nz Amanda Van Elswijk – Clinical Nurse Manager Amanda.VanElswijk@wdhb.org.nz	
Prerequisite	1-year experience in acute stroke nursing care. Must have completed Stroke Study Day – 1 before registering. Must have completed advanced stroke modules via https://www.chsselearning.org.uk/advancing-modules/	
Cost	\$30 Non-Te Whatu Ora Whanganui Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	The aim of this course is to provide clinical staff with an understanding of the Assessment, Treatment, and Rehabilitation process following an acute stroke event.	
Content	<ul style="list-style-type: none"> • Pathophysiology • Assessment, early intervention, and management • Rehabilitation – MDT focus • Goal setting • Te Whare Tapa Wha model of health • AROC & FIM • Complex Discharge planning 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
24	Tuesday 16/04/2024 Friday 13/09/2024	2 weeks prior to study day
Duration	One day	0830 - 1630
Venue	Rata Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	<ul style="list-style-type: none"> • Akesh Pillai – Acute Stroke Team – Akesh.Pillai@wdhb.org.nz • Amanda Van Elswijk – Clinical Nurse Manager Amanda.VanElswijk@wdhb.org.nz 	
Prerequisite	Must have completed Stroke Study Day – 1 before registering. Must have completed the Stroke Core competency training modules via https://www.chsselearning.org.uk/core-competencies/	
Cost	\$30 Non-Te Whatu Ora Whanganui staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Te Whatu Ora Whanganui staff RNs/RMOs	
Aim/purpose	<ul style="list-style-type: none"> To assist nurses and doctors to utilise the Ultrasound machine on patients with difficult vascular access. 	
Content	<ul style="list-style-type: none"> Definition Anatomy Ultrasound knobology and fundamentals Dynamic sono anatomy education Equipment Complications and troubleshooting Practical hands-on session 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Monday 12 February Thursday 7 November	2 weeks prior to study day date
Duration	One day	0900 - 1630
Venue	Manuka Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Bronwynne Anderson - Bronwynne.Anderson@wdhb.org.nz	
Prerequisite	N/A	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: RNs and ENs and level 4 carers	
Aim/purpose	The aim of the study day is to develop your knowledge of wounds and wound care at a beginner level. This is part one of a two-part series on wounds.	
Content	<ul style="list-style-type: none"> • Anatomy and Physiology of the Skin • Stages of Healing • Skin Tears & Pressure Areas • Wound bed assessment: TIME wound assessment • Wound care skills/management • Addressing co-morbidities and their impacts on healing 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Tuesday 30 February Tuesday 13 August	
Duration	One day	0900 - 1600
Venue	Room One, Ground Floor Te Whatu Ora Whanganui	
Key Contact	Emma Hall - Emma.Hall@wdhb.org.nz Aswathy Sadasivan - Aswathy.Sadasivan@wdhb.org.nz	
Prerequisite	Wound care is part of day-to-day practice	
Cost	\$30 Non-Te Whatu Ora Whanganui Staff	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Target Audience	This study day is for: RNs and ENs and level 4 carers	
Aim/purpose	The aim of the study day is to develop further knowledge of wound care and the processes and products that promote wound healing.	
Content	<ul style="list-style-type: none"> • Trauma Treatment • Burns & Skin Grafts • Pain in Wound Care • Rongoa Maori in wound-care • Patient Advocacy & Education • Medical Adhesive related skin injury • Dressing Categories: Products Roadshow - multiple different wound care industry stands 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Tuesday 27 February Tuesday 10 September	
Duration	One day	0900 – 1600
Venue	Room One, Ground Floor Te Whatu Ora Whanganui	
Key Contact	Emma Hall - Emma.Hall@wdhb.org.nz Aswathy Sadasivan - Aswathy.Sadasivan@wdhb.org.nz	
Prerequisite	Must have attended Wound Care 1 in the last 2 years	
Cost	\$30 Non-Te Whatu Ora Whanganui Staff	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Mental Health Study Days

Target Audience	This study day is for: Te Whatu Ora Whanganui Mental Health Staff	
Aim/purpose	<ul style="list-style-type: none"> To provide clinical staff with competence in completing the mandated HoNOS scales (HoNOS; HoNOS65+; HoNOSCA) To provide clinical staff with competence in the clinical utility of the information gained from the HoNOS tools. 	
Content	<ul style="list-style-type: none"> Background to the mental health information project Training in the use of HoNOS using DVD and paper vignettes Training in the clinical utility of outcomes measures. 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Tuesday 7 May (Full Day) Tuesday 27 August (Half Day)	2 weeks prior to study day date
Duration	Full Day 0900 – 1600 Half day 0900 – 1200	
Venue	Rimu Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – Sarah.Holland@wdhb.org.nz	
Prerequisite	Work in Mental Health Services and responsible for completing HONOS, HONOSCA, HONOS Secure, HONOS65+	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	

Target Audience	This study day is for: Te Whatu Ora Whanganui and Community Mental Health Staff	
Aim/purpose	To provide a working knowledge for staff working in the Mental Health & Addictions Services on the Mental Health (Compulsory Assessment and Treatment) Act 1992 and Amendments 2020.	
Content	This day will introduce you to the MHA, Defining: "MENTAL DISORDER", Process: Section 8 requirements Introduction to the MHA, Compulsory Treatment Orders (CTO), 2nd Health Professional report for CTO, Leave provisions/AWOL, Section 29 re-admission options PPPR Act versus MHA, understanding the difference, Crimes Act: restraint/seclusion, Use of Force	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Wednesday 10 April Wednesday 7 August	2 weeks prior to study day date
Duration	One day	0900 - 1600
Venue	To be Advised	
Key Contact	Sarah Holland – sarah.holland@wdhb.org.nz	
Prerequisite	Working within mental health	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

(Regional Personality Disorder Specialist Team)

Beyond Borderline workshop

Target Audience	This study day is for: Te Whatu Ora and Community Mental Health Clinician (registered health professionals only)	
Aim/purpose	<p>Beyond Borderline: helping tāngata whaiora with struggles in relationships and intense emotions. This 2–3–day workshop is designed to provide understanding, working alongside and managing complex risk.</p> <p>The course is a mixture of theory, demonstrations by the facilitators and opportunities to practice in small groups.</p>	
Content	<ul style="list-style-type: none"> • Formulation • Understanding risk in the context of chronic patterns of risk-taking behavior • Principles of reinforcement • Distress tolerance skills • Providing talking therapy: formulating, setting goals, therapy agreement, targets and teaching emotion regulation and interpersonal effectiveness skills 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Monday 1 July Tuesday 2 July Wednesday 3 July	2 weeks prior to study day date
Duration	2 Days	Day 1 - 0930-1600 Day 2 - 0830-1530
Venue	Rimu Room, Te Whare Toi - Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – sarah.holland@wdhb.org.nz	
Prerequisite	Mental health registered clinical staff. Day 3 is optional and designed for clinicians who are keen to provide a structured therapy approach for this group of tāngata whaiora.	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

In Psychosis

Topic: Principles of Early Intervention and AOD in Psychosis:

Target Audience	This study day is for: Internal and External staff within mental health	
Aim/purpose	The aim of this workshop is to support you to understand the principles of early intervention and AOD in psychosis.	
Content	<ul style="list-style-type: none"> • Values • Accessibility • Whānaungatanga (Relationships) • Mahi tahi (Collaboration) • Whānau involvement • Whakamāui (Recovery) • Mōhiohio (Understanding) • Adaptation & adjustment • Innovation • Accountability <ul style="list-style-type: none"> Current research Popular culture and substances Challenges Assessment Resources Case Study 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Monday 29 July	2 weeks prior to study day date
Duration	4 Hours	1000 – 1430
Venue	Rimu, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – Sarah.Holland@wdhb.org.nz Delivered by Wellington Early Intervention in Psychosis Service	
Prerequisite	Working within Mental Health Services	
Cost	Nil	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

In Psychosis

Topic: Psychosis and Trauma

Target Audience	This study day is for: Internal and External staff within mental health	
Aim/purpose		
The aim of this workshop is to support you to understand psychosis and trauma. It will incorporate optimal early intervention and psychosis principles.		
Content		
<ul style="list-style-type: none"> • Does trauma cause psychosis? • Does psychosis cause trauma? • Common factors in PTSD and psychosis • Biological mechanisms • Substance use • What should we be asking people experiencing psychosis about trauma? • Safety • What should we do if there is a history of trauma? • What should we do if someone is experiencing trauma from their experience of psychosis or their treatment for psychosis? 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20	Monday 7 March	2 weeks prior to study day date
Duration	4 Hours	1000 - 1430
Venue	Rimu -Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – Sarah.Holland@wdhb.org.nz Delivered by Wellington Early Intervention in Psychosis Service	
Prerequisite	Working within Mental Health Services	
Cost	Nil	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Target Audience	This study day is for: Te Whatu Ora Whanganui Mental Health Inpatient Staff and DAOs	
Aim/purpose	<p>This course is compulsory for inpatient Mental Health staff, MHAHT staff and DAO's.</p> <p>The aim is to teach safe management of challenging and aggressive behaviour in a mental health setting using verbal, environmental and physical techniques.</p>	
Content	<ul style="list-style-type: none"> • History and context of restraint in Mental Health Services • Communication Skills • Understanding anger, aggression, and the arousal cycle • De-escalation skills and techniques • Legislation – primarily the Mental Health Act and the Crimes Act • Breakaway skills and physical restraint skills • The risk of restraint teamwork in a challenging environment • Documentation and incident reporting • Debriefing and support 	
Maximum Number of Attendees	Dates for 2023	Final Dates for Enrolment
14	<p>4 days: 19, 20, 21 & 22 February</p> <p>Refresher: Friday 15 March Friday 24 May Friday 19 July Friday 13 September Friday 22 November</p>	2 weeks prior to study day date
Duration	Full Day – 8 Hrs	0900 – 1630
Venue	Rimu Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Sarah Holland – Sarah.holland@wdhb.org.nz	
Prerequisite	<p>Currently working in Mental Health inpatient or DAOs</p> <p>Completed 4-day SPEC course</p> <p>Mandatory refresher once per year</p>	
Cost	Free	
How to register	<p>Te Whatu Ora Whanganui Staff</p> <p>Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.</p>	<p>Non-Te Whatu Ora Whanganui Staff</p> <p>Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz</p>

Maternal, Infant, and Child Study Days

Target Audience	This study day is for: Te Whatu Ora Whanganui staff only	
Aim/purpose	This training is presented by Fisher & Paykel Healthcare with the aim to cover all aspects of humidification, respiratory therapies, and their clinical application.	
Content	<ul style="list-style-type: none"> • Physiology of the airway • Understanding Humidity • Breathing Circuits – set up and application and troubleshooting of devices • Hands on Interactive Sessions (Bubble CPAP, Airvo, High Flow) 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
10	Wednesday 4 September	4 weeks prior to study day date
Duration	0845 - 1600	
Venue	Koromiko, Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Rhonabel Pedro (Paediatric RN) Rhonabel.Pedro@wdhb.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Please email: Rhonabel.Pedro@wdhb.org.nz	

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	Develop an understanding of neonatal resuscitation and provide health professionals with practical skills to facilitate resuscitation scenarios	
Content	<ul style="list-style-type: none"> • Pre reading from NZ Resuscitation Council guidelines • Skill stations – standard algorithm, airway breathing and circulation, venous access, intubation, and drug administration • Scenarios • Formal assessment – theory test and skill test 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
16	8 Feb 19 March 2 May 6 June 25 July 5 September 17 October	5 weeks prior to study day date
Duration	One day – 8 Hrs	0830 - 1630
Venue	Koromiko Room Te Whare Toi Te Whatu Ora Whanganui	
Key Contact	Robert Smith – Robert.Smith@wdhb.org.nz	
Prerequisite	Pre reading sent out 3-4 week prior to the course Health professionals who anticipate being at the birth of a baby (RMO's, midwives, duty nurse managers, flight nurses, rural district nurses, RN's)	
Cost	\$150 Non-Te Whatu Ora Whanganui Staff	
How to register	Send registrations to: Education.Registrations@wdhb.org.nz Non-Te Whatu Ora Whanganui Staff please fill out registration form on page 8 and send to the above email address	

Target Audience	This study day is for: Registered Midwives	
Aim/purpose <ul style="list-style-type: none"> To improve care for Mothers and families Manage emergencies Reduce mistakes Make childbirth safer 		
Content <ul style="list-style-type: none"> Multidisciplinary scenario-based training, with a focus on teamwork, communication, and real time response. Open to Obstetricians, Midwives, RMO's DNM's and RN's working within ASU, who respond to emergency calls in maternity. 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Tuesday 26 March Tuesday 8 October	Two months prior to the course
Duration	One day	0830 - 1630
Venue	Te Whare Toi – Birthing Suite	
Key Contact	Jo McDonnell - Jo.Mcdonnell@wdhb.org.nz	
Prerequisite	Pre reading is essential – arrange to borrow the PROMPT manual from the Library. When booking accepted, arrange for study leave and cover via your usual pathway.	
Cost	Free	
How to register	Contact Jo McDonnell - Email registrations to Jo.Mcdonnell@wdhb.org.nz	

Target Audience	This study day is for: Registered Midwives (Formerly MESR)	
Aim/purpose A refresher for Registered Midwives on the management of emergencies related to pregnancy and birth. The emphasis is on the practice of necessary emergency skills, with a focus on teamwork and communication. There is also opportunity for knowledge sharing and shared learning.		
Content The workshops are interactive and active participation is required. <ul style="list-style-type: none"> • Maternal Collapse • New-born resuscitation • Bleeding emergencies • Other topics 		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
6	27 February 18 April 30 May 3 July 24 September 14 November 4 December	Ideally no later than four weeks prior to course date.
Duration	One day	0830 - 1630
Venue	Movement throughout the day between Birthing Suite & Te Whare Toi, Te Whatu Ora Whanganui	
Key Contact	Jo McDonnell - Jo.Mcdonnell@wdhb.org.nz	
Prerequisite	Registered Midwife Pre reading - this will be sent four to six weeks prior to the study day. Annual attendance at MSER forms part of the requirements toward mandatory recertification programme for midwives.	
Cost	\$150 for LMC Midwives	
How to register	Email registrations to Jo.Mcdonnell@wdhb.org.nz	

Primary Care Study Days

Target Audience	This study day is for: External staff & Vaccinators	
Aim/purpose	CPR for those nurses who work in either the GP setting or those nurses who are employed as vaccinators	
Content	<ul style="list-style-type: none"> • Adult and child collapse • Automated external defibrillation • Anaphylaxis & the use of adrenaline • Airway skills – bag mask ventilator, oropharyngeal airway, laryngeal mask airway • Teamwork 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
12	Tue 13 February – AM Wed 27 March – PM Tue 7 May – AM Tue 18 June – PM Tue 30 July – AM Tue 10 September – AM Tue 22 October – PM	1 week prior to class
Duration	½ day – 4 Hrs	Please check class times Feb 0830 – 1200 Mar 1300 – 1630 May 0830 – 1200 Jun 1300 – 1630 Jul 0830 – 1200 Sep 0830 – 1200 Oct 1300 – 1630
Venue	Koromiko Room, Te Whare Toi – Te Whatu Ora Whanganui	
Key Contact	Robert Smith – Robert.Smith@wdhb.org.nz	
Prerequisite	N/A	
Cost	\$100 Excl GST	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz



Target Audience	This study day is for: All clinical staff working with older adults suitable for staff from Te Whatu Ora Whanganui, General Practice, Community	
Aim/purpose		
<ul style="list-style-type: none"> • To increase knowledge and skills for those staff engaged with Older Adults through: <ul style="list-style-type: none"> • Increase understanding of the changing NZ Older Adult population • Increased understanding of assessment and management of common diagnosis affecting older adults; Frailty, Dementia, Parkinson’s disease • Healthy Ageing 		
Content		
<ul style="list-style-type: none"> • Changes in NZ’s older adult population • Ageing well, dementia prevention, frailty prevention • Assessing and managing Frailty • Assessing and managing Dementia • Assessing and managing Parkinson’s disease • Latest developments in Older Adult Health <p>(Note: content may change due to speaker availability)</p>		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
20 people	Thursday 9 May Thursday 12 September	2 weeks prior to study day date
Duration	1 Day	0830 - 1630
Venue	Rimu Room - May Manuka Room - September	
Key Contact	Rebecca Casey - rcasey@wrhn.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Te Whatu Ora Whanganui Staff Through the self-service kiosk on the intranet (see process in front of booklet) search for the date you wish to attend on.	Non-Te Whatu Ora Whanganui Staff Complete the Non-Te Whatu Ora Whanganui Staff study day registration form on page 8 of this booklet and send to Education.Registrations@wdhb.org.nz

Palliative Care Study Days

Palliative Care for Caregivers (Hospice NZ endorsed)



Target Audience	This study day is for: Internal & External Staff	
Aim/purpose <ul style="list-style-type: none"> To enable caregivers to deliver improved palliative care to the people they are caring for in all care settings – home care, aged residential care, and hospital care To improve their knowledge and understanding of palliative care by exploring a number of topics 		
Content <p>This course is delivered over two morning sessions. Topics include:</p> <ul style="list-style-type: none"> Principles of palliative care Understanding pain and other common symptoms Communicating with and supporting the dying person, their family, and whānau Caring for dying residents in the last days of life Understanding loss and grief <p>This course is available to individual facilities throughout the year by negotiation.</p>		
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
	Course 1 – March 7 and 14 Course 2- September 5 and 12	2 weeks prior to study day date
Duration	7 Total Hrs 3.5 Hrs each session	0830 – 1230 both days
Venue	Training Room Two Hospice Whanganui	
Key Contact	Melanie Cole – melaniec@hospicewhanganui.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Email education@hospicewhanganui.org.nz with PCC in the subject line. Include dietary requirements.	

Palliative Care Grief, Loss and Bereavement Support



Target Audience	This study day is for: Internal & External Staff	
Aim/purpose	To gain a greater understanding of the process of grief, loss, and bereavement, experienced by individuals, their family and whānau	
Content	<ul style="list-style-type: none"> • Understand anticipatory grief and how it may affect individuals and whānau • Understand bereavement and the factors which affect the grieving process • Learn how to communicate effectively and compassionately with bereaved people 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
	19 March	1 week prior to study day date
Duration	2 Hrs	1000 - 1200
Venue	Totara Room Hospice Whanganui	
Key Contact	Melanie Cole - melaniec@hospicewhanganui.org.nz Partnerships Co-Ordinator	
Prerequisite	N/A	
Cost	\$20	
How to register	Email Name, role, and dietary requirements to educatio@hospicewhanganui.org.nz	

Target Audience	This study day is for: Internal and External Staff	
Aim/purpose	To increase the knowledge and confidence of attendees on palliative care practice and improving end of life care for people, their families and their whānau living with a life limiting illness.	
Content	<ul style="list-style-type: none"> • Symptom management • Equity and ethics in Palliative care • Triage and Prognosis • Bereavement and Whanau Care • Assisted dying 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
25	Course 1 – April 9 and 16 Course 2 – October 5 and 12	1 week prior to study day date
Duration	6 hours	2pm – 5pm each day
Venue	Hospice Whanganui Training Room Two	
Key Contact	Melanie Cole Partnership Co-Ordinator melaniec@hospicewhanganui.org.nz	
Prerequisite	Nil	
Cost	Free	
How to register	Email details including dietary needs to education@hospicewhanganui.org.nz Write PCP in the subject line.	

Palliative Care T34 Syringe Driver Competency



Target Audience	This study day is for: Registered Nurses and Enrolled Nurses	
Aim/purpose	<ul style="list-style-type: none"> To assist registered nurses to obtain the theoretical and practical knowledge and skills required to manage syringe drivers in their place of practice For enrolled nurses to be competent in checking. Annual updates are recommended to maintain knowledge, skill, and competency in the use of the T34 syringe driver and medication management. 	
Content	<ul style="list-style-type: none"> A blended learning approach consists of 2 hours online training, followed by a 1-hour practical competency workshop. Syringe Driver Competency is available to individual facilities throughout the year by negotiation. 	
Maximum Number of Attendees	Dates for 2024	Final Dates for Enrolment
	We are offering this training ad hoc, please contact Alison on the email address below if you would like to register.	
Duration	3 hours total 1000 – 1130 practical workshop	2 hours online training 1-hour practical workshop
Venue	At your facility	
Key Contact	Alison Buchan Quality and Education Manager alisonb@hospicewhanganui.org.nz	
Prerequisite	2 hours online training prior to practical competency workshop	
Cost	\$20	
How to register	Email educatio@hospicewhanganui.org.nz with syringe driver competency in the subject line.	

Practice Development Opportunities Booklet
January to December 2024