

Photo Credit: Staff Limited

# Postgraduate Nursing

Advance your nursing practice and  
take the next step in your career



**MASSEY**  
**UNIVERSITY**  
TE KUNENGA KI PŪREHUROA

UNIVERSITY OF NEW ZEALAND

**COLLEGE**  
**OF HEALTH**

TE KURA HAUORA TANGATA

# Nau mai, haere mai ki Te Kura Tāpuhi

## Welcome to the School of Nursing

We warmly invite you to be part of our School of Nursing whānau.

We work closely with health organisations in New Zealand and around the world to improve the health and well-being of people and their communities.

We are committed to the education of students who will be culturally safe and skilled nurses, who will act as advocates for tangata whenua, and uphold the principles of Te Tiriti o Waitangi. We pay attention to evidence that can inform clinical practice and improve patient health outcomes, especially for Māori and populations least well served by the current health system. Equity in health and care is a key pillar throughout our nursing programmes.

We offer a world-class teaching, learning and research environment in which scholarship flourishes. Our teaching programmes emphasise clinical expertise and leadership in nursing.

Our staff are friendly and will help you begin your postgraduate journey today and will continue to support you throughout your studies and professional nursing career.



**Professor Nicolette Sheridan, Ngāpuhi**

Head of School of Nursing - Te Kura Tāpuhi  
College of Health, Massey University

# Ngā ihirangi

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# Our graduates



**Catherine Tu'akalau,**  
Nurse Practitioner  
Master of Nursing

*"I strongly encourage those deciding where to do their postgraduate studies to study with Massey University. I took on postgraduate study while working full-time as a registered nurse and being a busy wife and mother, so distance stood out to me. Massey also offers numerous scholarships, and I was the recipient of the Massey University Pacific Postgraduate Scholarship."*



**Valerie Williams, Rongomaiwahine**  
Kaimanaaki, Te Rau Ora  
Master of Nursing

*"The Master of Nursing played a crucial part in influencing what I have done so far in my career. The lecturers were supportive and challenged me to think critically and to express my ideas. As a Māori student, I was well supported by Massey through Te Rau Puawai."*



**Kate Te Pou, Ngāpuhi**  
Mātangi tapuhi (Nurse Practitioner)  
Master of Nursing

*"I wanted to become a nurse practitioner in long term care with a respiratory focus looking at the whole person and their health. There's so much to be done, and you've got one year to develop the skills and knowledge to make you a safe and competent nurse practitioner. There were tears – many tears! But I got reassurance from my nurse practitioner mentors in Hawke's Bay and by the Massey staff, especially from my academic supervisors Victoria Perry and Professor Karen Hoare. Throughout the struggles, I was being uplifted by seeing these amazing people at Massey. Massey exposes you to big thinkers, people moving in amazing spaces and making a difference."*

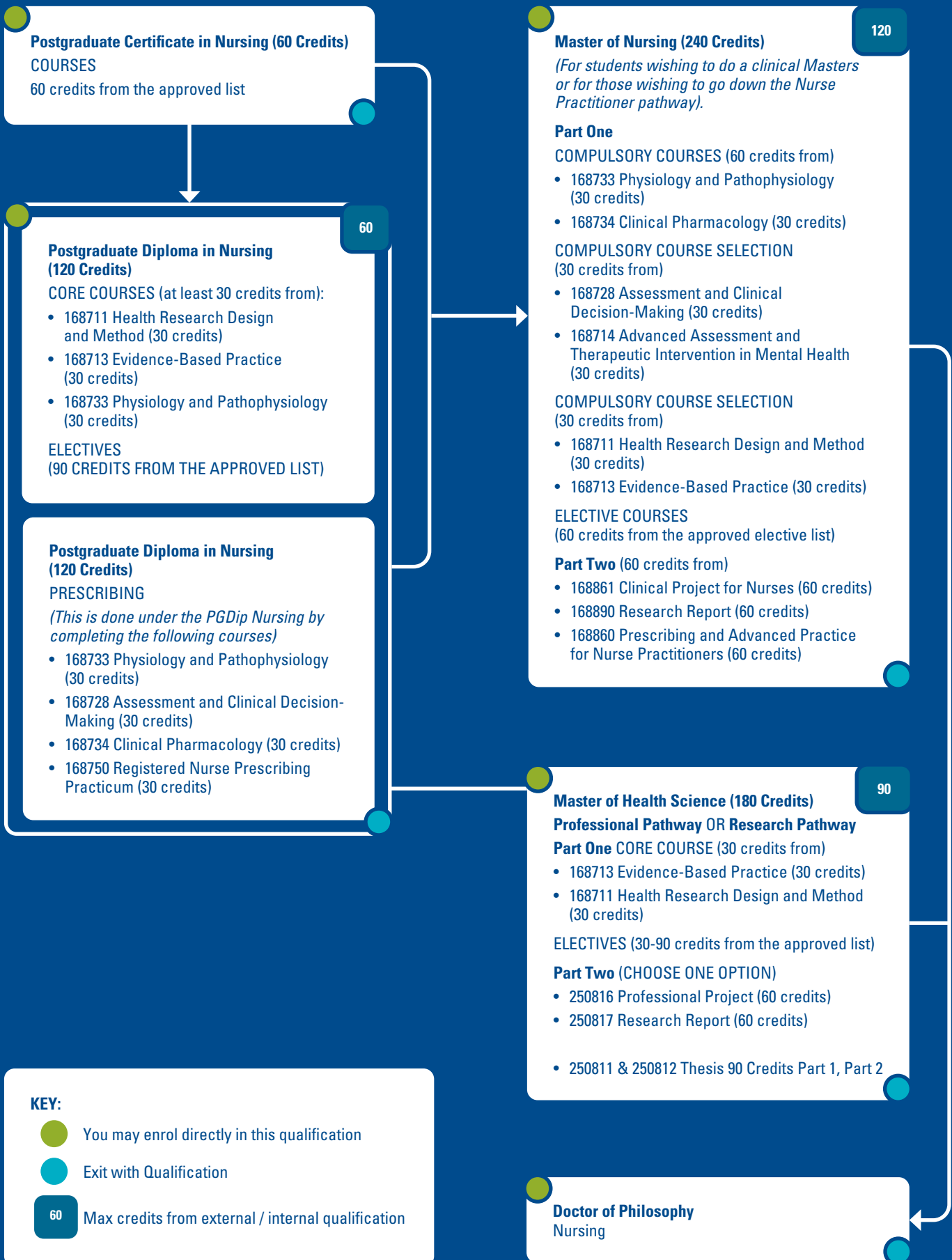


**Siobhan Hennessy, Ngāti Kahungunu**  
Master of Nursing

*"Choosing to study at Massey University was an easy decision, and it has been the foundation for my career success thus far. The postgraduate pathway aligned well with clinical practice and allowed me to implement and consolidate my learning as I progressed. Massey also offers different scholarships towards postgraduate study, and this provided extra support throughout the journey from lecturers who are experts in their fields."*

*I thoroughly enjoyed my time at Massey University and am thankful for the many relationships I developed along the way, the wider network of health professionals I engaged with, and the opportunity to be involved with Massey after graduating."*

# Postgraduate nursing qualifications



**Postgraduate Certificate in Nursing (60 Credits)**  
COURSES  
60 credits from the approved list

**Postgraduate Diploma in Nursing (120 Credits)**  
CORE COURSES (at least 30 credits from):

- 168711 Health Research Design and Method (30 credits)
- 168713 Evidence-Based Practice (30 credits)
- 168733 Physiology and Pathophysiology (30 credits)

ELECTIVES  
(90 CREDITS FROM THE APPROVED LIST)

**Postgraduate Diploma in Nursing (120 Credits)**  
PRESCRIBING  
(This is done under the PGDip Nursing by completing the following courses)

- 168733 Physiology and Pathophysiology (30 credits)
- 168728 Assessment and Clinical Decision-Making (30 credits)
- 168734 Clinical Pharmacology (30 credits)
- 168750 Registered Nurse Prescribing Practicum (30 credits)

**Master of Nursing (240 Credits)**  
(For students wishing to do a clinical Masters or for those wishing to go down the Nurse Practitioner pathway).

**Part One**  
COMPULSORY COURSES (60 credits from)

- 168733 Physiology and Pathophysiology (30 credits)
- 168734 Clinical Pharmacology (30 credits)

COMPULSORY COURSE SELECTION (30 credits from)

- 168728 Assessment and Clinical Decision-Making (30 credits)
- 168714 Advanced Assessment and Therapeutic Intervention in Mental Health (30 credits)

COMPULSORY COURSE SELECTION (30 credits from)

- 168711 Health Research Design and Method (30 credits)
- 168713 Evidence-Based Practice (30 credits)

ELECTIVE COURSES (60 credits from the approved elective list)

**Part Two (60 credits from)**

- 168861 Clinical Project for Nurses (60 credits)
- 168890 Research Report (60 credits)
- 168860 Prescribing and Advanced Practice for Nurse Practitioners (60 credits)

**Master of Health Science (180 Credits)**  
Professional Pathway OR Research Pathway

**Part One CORE COURSE (30 credits from)**

- 168713 Evidence-Based Practice (30 credits)
- 168711 Health Research Design and Method (30 credits)

ELECTIVES (30-90 credits from the approved list)

**Part Two (CHOOSE ONE OPTION)**

- 250816 Professional Project (60 credits)
- 250817 Research Report (60 credits)

• 250811 & 250812 Thesis 90 Credits Part 1, Part 2

**Doctor of Philosophy Nursing**

**KEY:**

- You may enrol directly in this qualification
- Exit with Qualification
- 60 Max credits from external / internal qualification

# Postgraduate qualifications

Our postgraduate pathways prepare you for advanced nursing practice, including the Nurse Practitioner scope, and are approved by the Nursing Council of New Zealand (NCNZ).

Massey University has three campuses, Auckland, Palmerston North (Manawatū) and Wellington. Our postgraduate nursing courses are delivered via a blended learning approach, including distance learning, web-based teaching, relevant readings, and other study material. Some courses have compulsory on-campus contact workshops.

This is designed to make the courses available to students in employment, with family commitments, and to students who may be located at a distance from the University.

Most students undertaking postgraduate study in nursing are in full-time practice and study part-time. For each 30-credit course, it is assumed that you will spend 20-25 hours studying each week.

Qualification	Short code	Credits	Full-time	Part-time
Postgraduate Certificate in Nursing	PGCertNurs	60 credits	1 semester (½ year)	2 semesters (1 year)
Postgraduate Diploma in Nursing	PGDipNurs	120 credits	2 semesters (1 year)	4 semesters (2 years)
Master of Nursing	MN	240 credits	5 semesters (over 3 years)	8 semesters (4 years)
Master of Health Science (Nursing)	MHlthSc (Nursing)	180 credits	4 semesters (2 years)	6 semesters (3 years)

## Postgraduate Certificate in Nursing

(PGCert Nurs) 60 credits | Duration 1 year part-time, 1 semester full-time

**Take the next step in your nursing career. Massey's Postgraduate Certificate in Nursing provides registered nurses with the knowledge needed to develop their professional practice within a clinical specialty.**

### ADMISSION

To enter the Postgraduate Certificate in Nursing you will:

- meet the University admission requirements as specified in the regulations,
- have been awarded or qualified for a bachelor's degree or equivalent, and
- have New Zealand Nursing Council registration or equivalent.

### STRUCTURE

Students must complete 60 credits from the approved list.

### CROSS CREDITS

Students who have successfully completed a NETP or NESP course may apply for cross credit for up to 30 credits into a PGCert Nursing.

## Postgraduate Diploma in Nursing

(PGDipNurs) 120 credits | Duration 2 years part-time, 1 year full-time

**Keen to take the next step in your nursing career? The Postgraduate Diploma in Nursing will advance your practice and prepare you for further development toward senior nursing roles.**

### ADMISSION

To enter the Postgraduate Diploma in Nursing you will:

- meet the University admission requirements as specified in the regulations,
- have been awarded or qualified for a relevant bachelor's degree or equivalent qualification, and
- have New Zealand Nursing Council registration or equivalent.

### STRUCTURE

Students must complete a total of 120 credits and must include at least one core course from:

- 168711 Health Research and Design
- 168713 Evidence-Based Practice
- 168733 Physiology and Pathophysiology

### CROSS CREDITS

A student awarded the Massey University Postgraduate Certificate in Nursing or its equivalent from another tertiary institution may apply to cross-credit up to 60 credits to the Postgraduate Diploma in Nursing.

# Master of Nursing

(MN) 240 credits | Duration 4 years part-time, 2 years full-time

Massey's Master of Nursing prepares you for a range of clinical leadership roles in specialty areas. Develop your advanced knowledge and skills in your chosen field through theoretical and clinical courses. The Nurse Practitioner pathway is embedded in the Master of Nursing programme.

## ADMISSION

To enter the Master of Nursing programme you will have been awarded or qualified for a:

- a bachelor's degree with a minimum grade average of B over the 300 level courses, **or**
- a Postgraduate Certificate in Nursing or equivalent, with a minimum B grade average, **or**
- a Postgraduate Diploma in Nursing or equivalent, with a minimum B grade average.

### You will also:

- be a registered nurse (enrolled nurses are not eligible) with a practising certificate from the Nursing Council of New Zealand,
- have completed at least two years of professional experience in a relevant nursing specialty within the previous five years.

## STRUCTURE

Students must complete the four compulsory courses or their equivalents from another institution and two electives from the course list provided, and then finish with a 60 credit 800 level course.

## Part One

### Compulsory courses:

- 168733 Physiology and Pathophysiology
- 168734 Clinical Pharmacology
- 168728 Assessment and Clinical Decision-Making **or** 168714 Advanced Assessment and Therapeutic Intervention in Mental Health
- 168711 Health Research Design and Method **or** 168713 Evidence-Based Practice

### Electives

- Two 30 credit electives from the list

## Part Two

- One 60 credit double semester course from the Master of Nursing 800 level courses
  - » 168860 Prescribing and Advanced Practice for Nurse Practitioners
  - » 168861 Clinical Project for Nurses
  - » 168890 Research Report

## PROGRESSION

Students need to gain a B grade average over Part One (700 level compulsory courses) to get into Part Two of the Master of Nursing. If a student does not achieve this, they may exit with a Postgraduate Diploma in Nursing.

## CROSS CREDITS

Students cross-credit up to 120 credits of courses from Massey University or an external institution providing they fit the Master of Nursing schedule. Cross crediting courses will reduce your overall timeframe to complete. The final 800 level course must be done at Massey University.



# Master of Health Science (Nursing)

(MHIthSc Nursing) 180 credits | Duration 2 ½ years part-time, 1 ½ years full-time

**The Master of Health Science offers you an opportunity to pursue advanced studies or research in a specialised health sciences subject.**

## ADMISSION

To enter the Master of Health Science (Nursing) programme you will have been awarded or qualified for:

- a relevant health-related bachelor's degree with a minimum B- grade average over the 200/300 level courses, **or**
- a relevant health-related bachelor's degree and extensive professional experience, **or**
- a Postgraduate Diploma in a relevant health-related discipline, **or**
- a Bachelor of Health Science (Honours) degree

You will also be a registered nurse with a practicing certificate from the Nursing Council of New Zealand.

## STRUCTURE

### Professional Pathway

#### Part One

- 168713 Evidence-Based Practice
- 90 credits of electives

#### Part Two

- 250816 Professional Project

### Research Pathway

#### Part One

- 168711 Health Research and Design
- 30 – 60 credits of electives

#### Part Two

- 250817 Research Report **or**
- 90 credit Thesis **or**
- 120 credit Thesis

## PROGRESSION

The Master of Health Science is a parts-based qualification. That means you must complete the first part, before moving to the second. You can choose a research pathway or a professional pathway.

### Professional pathway

For the professional pathway progression from Part One to Part Two, you must have achieved a minimum B- grade in the Part One Core course 168713.

### Research pathway

For the research pathway progression from Part One to Part Two, you must have achieved a minimum B grade in the Part One Core course 168711.

## CROSS CREDITS

If you have a Postgraduate Diploma in a relevant discipline, you may apply for credit towards Part One of the qualification following the limits specified in the Recognition of Prior Learning regulations.

# Doctor of Philosophy

**To do a Doctor of Philosophy (PhD) you need to have a passion and commitment for your discipline. A prestigious research qualification that demonstrates your ability to carry out independent and original research in your chosen field.**

**The degree is awarded for a thesis that demonstrates your ability to carry out independent and original research. It also needs to provide a significant contribution to the knowledge and understanding of a field of study.**

## ADMISSION

To enter the PhD programme you will:

- have completed a postgraduate bachelor's (honours) or master's degree with First Class Honours, **or** Second Class Honours (Division I) B+ equivalent, **or** equivalent qualification,
- have sufficient independent research experience to satisfy the Doctoral Research Committee that you have the capacity to successfully undertake the programme.

Massey University's Doctoral Research Committee administers the PhD. Registration must be supported by the relevant Head of School/Centre who will agree to provide supervision and facilities for your research.

Please note that there are more applicants than places on the programme. If you meet the above conditions, you will also go through a selection process including an interview. If successful in this process, you will be offered a place.

Please refer to the website for more entry requirements <https://www.massey.ac.nz/study/about-postgraduate-study/phds-and-professional-doctorates/>



# Pathways: Registered Nurse Prescriber

## WHAT IS AN REGISTERED NURSE (RN) PRESCRIBER?

RN Prescribers are registered nurses with additional prescribing rights. This role intends to improve access to prescribers for patients with simple problems/ ailments, but there is an emphasis on managing chronic conditions such as

- Hypertension
- Gout
- Health promotion
- Diabetes
- Eczema
- Immunisations
- Heart failure
- Depression
- Contraception
- Asthma
- Anxiety
- COPD
- Palliative care

RN prescribers have a limited medicine list from which to prescribe collaboratively with an authorised prescriber (Dr or NP). RN prescribers are not expected to make complex diagnoses independently but can prescribe within an existing diagnosis. RN prescribers can diagnose common/minor conditions especially where this can be confirmed with a single diagnostic test, such as urinalysis for UTI, x-ray for fracture and swabs for STIs. If the patient's condition is complex, they are expected to discuss with an authorised prescriber.



## PRE-REQUISITES

### Clinical Pre-requisites

You must have three years of experience as an RN (full-time equivalent) in a relevant setting before enrolling in the RN prescribing practicum

### Academic Pre-requisites

NCNZ requires that RN prescribers complete a Nursing Council-approved postgraduate diploma for registered nurses prescribing in long-term and common conditions (or equivalent). **One-third of this programme should focus on the Nurse's relevant practice area and associated medicines.** There are three courses that must be completed (or have been granted equivalent credit) before you can be enrolled on the RN prescribing practicum, and these are:

- 168733 Physiology and Pathophysiology (30 credits)
- 168734 Clinical Pharmacology (30 credits, B grade or higher)
- 168728 Assessment and Clinical Decision-Making (30 credits, B grade or higher) or 168714 Advanced Assessment and Therapeutic Intervention in Mental Health (30 credits, B grade or higher)

If the required courses were completed more than five years ago **or** the required grades were not achieved, this will require a discussion with the post graduate director.

### Workplace Pre-requisites

1. *Prescribing Mentor* – During the practicum (and for one year after), students will need a prescribing mentor who will provide both formal and informal supervision.
2. *Prescribing practice experience* – The practicum involves 150 hours of **supervised** prescribing practice, with an authorised prescriber available on site. This must be separate from usual RN duties
3. *Appropriate tools to perform prescribing duties* – RN prescribers should be able to order and review diagnostic tests and access pertinent educational activities to support their prescribing.

## TEACHING

### Block Course Days

The prescribing practicum has four days of teaching (one is delivered online via zoom, and one is face to face on campus in Albany, Auckland). There are also some online learning activities to complete.

**It is important to note that: pharmacology, pathophysiology and clinical examination will not be part of the teaching-learning on this course. You may wish to revise this in preparation.**

## FURTHER READING / RESOURCES

The following article may be helpful

Key, J., & Hoare, K. (2020). Nurse prescribing in New Zealand - the difference in levels of prescribing explained. *The New Zealand Medical Journal*, 133(1524), 111-118.

Please view the Nursing Council of New Zealand (NCNZ) website to find and review the following documents:

### Registered Nurse Prescribing in Primary Health and Specialty Teams page.

- Preparation and Guidance for Employers and RN Prescribers May 2020
- RN prescriber competencies
- Postgraduate diploma programmes
- NCNZ medicines list (updated 2022)

### BEFORE APPLYING CHECK THAT YOU:

1. Have the required pre-requisite clinical experience.
2. Have completed the correct pre-requisite papers and attained the required grade?
3. Work in a context that is suitable for an RN prescriber role?
  - Primary care or specialty team.
  - Collaborative prescribing/supervision model with a readily available authorised prescriber.
  - Appropriate governance models in place (see Preparation and Guidance for Employers and RN Prescribers May 2020).
  - Supported prescribing related CPD once authorised (20 hours every three years).
  - NCNZ medicines list covers what you want to prescribe [updated 2022].
4. Have a suitable authorised prescribing mentor for the practicum and one year beyond.
5. Have workplace agreement to support your 150 hours supervised prescribing practice.

### ANY FURTHER QUESTIONS?

For further information on the RN prescribing pathway email [nursing@massey.ac.nz](mailto:nursing@massey.ac.nz)



# Pathways: Nurse Practitioner

## WHAT IS NURSE PRACTITIONER (NP)?

Mātanga tapuhi nurse practitioners have advanced education, clinical training and the demonstrated competence and legal authority to practise beyond the level of a registered nurse.

They work autonomously and in collaborative teams with other health professionals to promote health, prevent disease, and improve access and population health outcomes for a specific patient group or community. They provide a wide range of assessment and treatment interventions, ordering and interpreting diagnostic and laboratory tests, diagnosing/treating disease and prescribing medicines.

The NP pathway at Massey is completed by enrolling into a 240 credit Master of Nursing finishing with the final 800 level course 168860 Prescribing and Advanced Practice for Nurse Practitioners.

**168860 Prescribing and Advanced Practice for Nurse Practitioners** is a 60 credit practicum course offered as a double semester course. The course has been designed to prepare you for registration in the nurse practitioner scope of practice. As a student in this course, you will meet the competencies required for NP registration at a 'competent' or higher level and consolidate your skills in diagnostic reasoning and safe prescribing practice. Your practicum experience will be specific to your speciality area of practice.

## PRE-REQUISITES

### Clinical Pre-requisites

You must have four years of practice experience as an RN (full-time equivalent) in your area of expertise.

### Academic Pre-requisites

NCNZ require that Mātanga tapuhi nurse practitioners have completed a council-approved master's degree (240 credits total). At Massey University, this is the Master of Nursing, culminating in the 168860 Prescribing and Advanced Practice for Nurse Practitioners (60 credits) course. The master's programme must include the following courses, completed within five years (or have been granted equivalent credit) before you can be enrolled on the 168860 Prescribing and Advanced Practice for Nurse Practitioners course:

- 168733 Physiology and Pathophysiology (30 credits)
- 168734 Clinical Pharmacology (30 credits, B grade or higher)
- 168.28 Assessment and Clinical Decision-Making (30 credits, B grade or higher)
- 168713 Evidence-Based Practice and Implementation (or variation) or 168711 Health Research and Design, and
- 2 other elective courses

If the required courses were completed more than five years ago **or** the required grades were not achieved, this will require a discussion with the postgraduate director.

## Workplace / Practicum Experience Pre-requisites

**Appropriate practicum clinical environment** – You will require a primary and at least one secondary clinical placement that will allow you to develop knowledge and skills including history taking, clinical assessment, creation and sifting of differential diagnosis, ordering/interpretation of diagnostic tests and prescribing treatment. You are required to complete 300 hours of practice in total to complete the practicum, this should be outside usual RN duties and is usually supernumerary.

**Clinical Supervision** – All practicum experience must be completed under the direct supervision of a medical or nurse practitioner who is an authorised prescriber. Medical practitioners should be Senior Medical Officers or if a General Practitioner have vocational registration.

**Clinical Supervisor** – Candidates must have access to a clinical supervisor who will provide formal and informal supervision during the practicum and participate in clinical competence assessments.

**Mātanga Tapuhi Nurse Practitioner Mentor** – If your primary clinical supervisor is not an NP, you must find a NP mentor to provide additional clinical supervision during your practicum.

**Appropriate tools to perform diagnostic and prescribing duties** – NP candidates should be able to order and review diagnostic tests and access pertinent educational activities to support their prescribing.

**Professional Supervision** – All candidates are required to participate in professional supervision with someone outside your place of work / university. This involves formalised, regular, sustained reviews of your self-and-work undertaken within a structured supervisory relationship.

**Contract** – You will be required to complete a contract between yourself, your employer (or clinical practice setting) and your clinical supervisor to confirm that you will be supported and given appropriate clinical release to complete the practicum.

## TEACHING

### Block Course Days

The prescribing practicum has ten days of teaching (total in five blocks of two days on Albany Auckland campus). There are also some online learning activities to complete.

## FURTHER READING / RESOURCES

Please view the NCNZ website to find and review the relevant documents for Mātanga tapuhi nurse practitioner candidates.

## ANY FURTHER QUESTIONS?

For more information on the Nurse Practitioner pathway please email [nursing@massey.ac.nz](mailto:nursing@massey.ac.nz)

# Our nursing courses

## 700 level courses

### 168702 ISSUES IN NURSING (30 CREDITS)

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This course is tailored to specific DHB requirements. In the past it has focused on professional communication, graduate identity and effective nursing practice. Currently the course is run by the Southern District Health Board for acute and critical care nurses.

### 168703 MANAGING LONG-TERM CONDITIONS (30 CREDITS)

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Long term conditions, particularly those living with multimorbidity, are now a common presentation to all health services. Maintaining wellness and helping people to manage their illness requires the support of multiple services and specialties, with a diverse professional team that addresses social, clinical, and individual needs.

Ensuring continuity of care across departments and services is key, and nurses have a role in helping achieve effective care. Students will explore and critique Evidence-Based strategies, including self-management and models of chronic care, to improve health service delivery and optimise health and independence.

### 168711 HEALTH AND RESEARCH DESIGN AND METHOD (30 CREDITS)

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The overall aim of this course is to support students in reading, understanding, critiquing research, and understanding the potential, fascination, and implications of research translation into clinical and professional practice. As practitioners with a health focus, it is essential to support change and improve services for people in Aotearoa, New Zealand and globally. This course explores the philosophical, ethical and methodological concepts of research design.

### 168712 PAIN MANAGEMENT (30 CREDITS)

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The multidimensional aspects of pain management including physiological and psychological components are examined. This knowledge is applied to refine nursing interventions in order to manage the pain experienced by people with acute or chronic ill-health conditions and those receiving palliative care.

### 168713 EVIDENCE-BASED PRACTICE (30 CREDITS)

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'Evidence-Based Practice' aims to instill and encourage students to adopt an Evidence-Based philosophy to optimise healthcare outcomes. Students augment their practice as they understand the science of epidemiology within a variety of health and consumer-focused contexts. The course is coordinated through the School of Nursing, in close collaboration with all of the schools in the College of Health, Te Kura Hauora Tangata, at Massey University.

### 168714 ADVANCED ASSESSMENT AND THERAPEUTIC INTERVENTION IN MENTAL HEALTH & ADDICTIONS (30 CREDITS)

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'Advanced Assessment and Therapeutic Intervention in Mental Health & Addictions' aims to develop advanced mental health nursing assessment and intervention competencies. Students will be involved in identifying and developing an extended range of skills, attitudes and knowledge that will assist them in providing quality mental health nursing care to service users and their families.

Health assessment across the age continuum, including physical assessment, assessment of mental status and the selection and application of diagnostic tools for clinical decision-making. A range of therapeutic modalities is introduced for working with people in crisis and those living with enduring mental illness.

### 168719 CLINICAL SPECIALITY: OLDER PERSON'S HEALTH (30 CREDITS)

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'Clinical Speciality: Older Person's Health' aims to provide participants with current knowledge of topical issues related to older people's health and well-being. The specialist knowledge base and skills for working in a various of older persons' health settings will be critically examined. Their application in particular practice contexts explored, underscored by Evidence-Based practice.

### 168724 PRIMARY HEALTH CARE (30 CREDITS)

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'Primary Health Care' aims to provide primary health nurses with practice-based knowledge relevant to the care of people in community-based settings. The course addresses the notion of aligning nursing practice with community needs as understood through the lens of the social determinants of health. The course recognises the increasing importance of primary health care nursing in sustaining service delivery. The course framework allows each student to focus on the population most relevant to their practice and explore the needs of this population through the course work and assignments.

### 168728 ASSESSMENT AND CLINICAL DECISION MAKING (30 CREDITS)

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'Assessment and Clinical Decision Making' aims to enable postgraduate students to develop advanced clinical nursing assessment knowledge and skills, which will assist them in their current and/or prospective clinical work. These knowledge and skills are developed through clinical experience, critical thinking and appropriate research and facilitate the implementation of individualised nursing care for consumers of health care services.

### 168733 PHYSIOLOGY AND PATHOPHYSIOLOGY (30 CREDITS)

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'Physiology and Pathophysiology' will enable you to consolidate your knowledge of the physiology and pathophysiology of the main systems in the body. In addition, there will be a clinical emphasis on the prevention of, presenting findings, diagnosis and management of common medical conditions, many of which are increasing in prevalence in New Zealand.

### 168734 CLINICAL PHARMACOLOGY (30 CREDITS)

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'Clinical Pharmacology' focuses on introducing the fundamentals of pharmacokinetics, pharmacodynamics and pharmacotherapeutics. In addition, the objective of this course is to teach an approach to the study of pharmacologic agents. In doing so, it is intended that participants will acquire an overall understanding of how drugs act and be able to begin applying this knowledge critically.

### 168750 REGISTERED NURSE PRESCRIBING PRACTICUM (30 CREDITS)

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'Registered Nurse Prescribing Practicum' aims to provide prescribing practicum students with the opportunity to develop their assessment, clinical decision-making and prescribing competence within their area of practice under the supervision and mentorship of a prescribing mentor. The course requires students to apply and consolidate previous clinical and academic development knowledge and meet the RN prescribing competencies. Physical assessment, psychosocial assessment, pathophysiology, diagnostic reasoning and pharmacotherapeutics are essential for the student to safely prescribe treatment and medications for clients with long term and common conditions.

### 168796 HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE (30 CREDITS)

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'Health and Well-being of Children and Young People' aims to equip nurses with knowledge and skills to address the inequities in health that children and young people face both on an individual level, nationally and globally. The course is underpinned by the most widespread human rights Treaty ever adopted globally – the United Nations Convention on the Rights of the Child (UNCRC). Furthermore, the course will prepare nurses to understand the significance of the Sustainable Development Goals (SDGs) for future generations. On an individual level, students will develop skills necessary to identify common conditions that children and young people present to primary health care and emergency settings and will learn to administer medications using standing orders. For nurses who already have a master's degree, this course will increase their knowledge in caring for children and young people and is particularly relevant for nurses practising in primary health care. In addition, nurse practitioners would be made aware of their responsibilities regarding issuing standing orders.

### 152742 HEALTH SYSTEMS MANAGEMENT (30 CREDITS)

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The health care systems of New Zealand and selected nations are compared and critically analysed from a management perspective.

### 152746 CONTEMPORARY ISSUES IN HEALTH SERVICE MANAGEMENT (30 CREDITS)

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Issues relevant to the efficient and effective delivery of health services are identified and examined.

### 252701 SLEEP AND CIRCADIAN SCIENCE FOR HEALTH PRACTITIONERS (30 CREDITS)

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An examination of sleep and circadian science in relation to health and healthcare, including healthy sleep, sleep disorders and sleep in those with medical conditions.

### 150701 TINO RANGATIRATANGA: STRATEGIC MĀORI DEVELOPMENT (30 CREDITS)

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**Only available under the Master of Health Science qualification.**

Strategies for Māori advancement are examined within a Māori development framework. Barriers to development and the facilitation of positive development are explored using criteria relevant to indigenous self-determination. There is a focus on land, fisheries, social policy, health, Treaty settlements and opportunities for positive development.

### 152700 ORGANISATION AND MANAGEMENT (30 CREDITS)

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**Only available under the Master of Health Science qualification.**

A study of the theories of management and their application within organisations.

### 152743 HEALTH LAW AND POLICY (30 CREDITS)

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**Only available under the Master of Health Science qualification.**

The interrelationship between health law and health policy is examined with an emphasis on practical health care dilemmas.

## 800 level courses

You can only do these 800 level courses once you have completed Part One of your Master of Nursing and have achieved the required grades.

All 800 level courses require self-directed learning to be a major component. Therefore, you can only do these 800 level courses once you have completed Part One and have achieved the required grades.

## (a) Master of Nursing

### 168860 PRESCRIBING AND ADVANCED PRACTICE FOR NURSE PRACTITIONERS (60 CREDITS)

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This is a 60-credit practicum course offered across semesters one and two. The course has been designed to prepare nurses for registration in the nurse practitioner scope of practice. As a student in this course, you will meet the competencies required for nurse practitioner registration at a 'competent' or higher level and consolidate your skills in diagnostic reasoning and safe prescribing practice. The practicum experience will be specific to the student's specialty area of practice.

To be eligible for enrolment in this course, nurses must have access to a clinical environment that will allow them to develop the required knowledge and skills to master the process of diagnostic reasoning that underpins treatment decisions. Nursing Council requires that the Nurse completes at least 300 hours of supervised clinical prescribing and advanced practice (this is supernumerary to their usual RN role). Pre-requisite courses include; 168734 (B) and 168728 (B) or 168714 (B). If you wish to do this course after having completed a Master of Nursing previously, you must also have completed or done the equivalent of 168711 or 168713, 168728 or 168714, 168734 and 168733.

### 168890 RESEARCH REPORT (60 CREDITS)

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As a beginning researcher, you may have lots of ideas for research, particularly if you are already working in your chosen profession. This course aims to provide health professionals with the skills and knowledge to enable them to undertake research in practice. Students will explore the research process during the year and, with a designated supervisor, will prepare a final report that demonstrates an understanding of the research process.

### 168861 CLINICAL PROJECT (60 CREDITS)

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The clinical project requires the student to negotiate, plan and implement a project in a clinical setting that meets an identified need related to leading change, quality processes, education or praxis. The project will be guided by an appropriate theoretical perspective and includes a critical review of relevant literature that informs the project's purpose and outcomes.

## (b) Master of Health Science (Nursing)

### 250816 PROFESSIONAL PROJECT (60 CREDITS)

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Professional practice within the subject area that will be conducted individually and assessment of the outcome of the investigation may be in a variety of ways.

### 250817 RESEARCH REPORT (60 CREDITS)

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Candidates are required to conduct a piece of independent research under supervision and to produce a report of the research for examination.

### 250811 AND 250812 PART ONE AND PART TWO OF 90 CREDIT THESIS (90 CREDITS)

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A supervised and guided independent study resulting in a published work.

### 250814 AND 250815 PART ONE AND PART TWO OF 120 CREDIT THESIS (120 CREDITS)

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A supervised and guided independent study resulting in a published work.



Auckland campus



Manawātū campus



Wellington campus

# Course schedule 2023

COURSE #	TITLE	DELIVERY
<b>Semester one: 2023</b>		
168796	Health and Well-being of Children and Young People	Distance with online workshops
168711	Health Research Design and Method	Distance with online workshops
168713	Evidence-Based Practice	Distance with online workshops
168719	Clinical Specialty: Order Persons Health	Distance with online workshops
168733	Physiology and Pathophysiology	Distance with online workshops
168734	Clinical Pharmacology	Distance with online workshops
168714	Advanced Assessment and Therapeutic Intervention in Mental Health	Distance with online workshops
168722	Wound Management	Distance, online delivery
168731	Leadership	Distance with online workshops
168702	Critical Care Course	Southern DHB contract
<b>Semester two: 2023</b>		
168728	Assessment and Clinical Decision-Making	Distance with online workshops
168720	Mental Health Interventions	Distance, online delivery
168750	RN Prescribing	Block Course (Auckland)
168713	Evidence-Based Practice	Distance with online workshops
168733	Physiology and Pathophysiology	Distance with online workshops
168712	Pain Management	Distance with online workshops
168734	Clinical Pharmacology	Distance with online workshops
168724	Primary Health Care	Distance, online delivery
168703	Long Term Conditions	Distance with online workshops
<b>Double semester</b>		
168860	Prescribing and Advanced Assessment for Nurse Practitioners	Block Course (Auckland) Online learning with compulsory contact courses based in Auckland 15th, 16th February 17th, 18th April, 19th, 20th June, 23rd, 24th August, 16th, 17th October
168861	Clinical Project	Distance with online workshops
168890	Research Report	Distance with online workshops

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