# **POSTGRADUATE** NURSING AT AUT

## WHY STUDY POSTGRADUATE NURSING PROGRAMMES AT AUT?

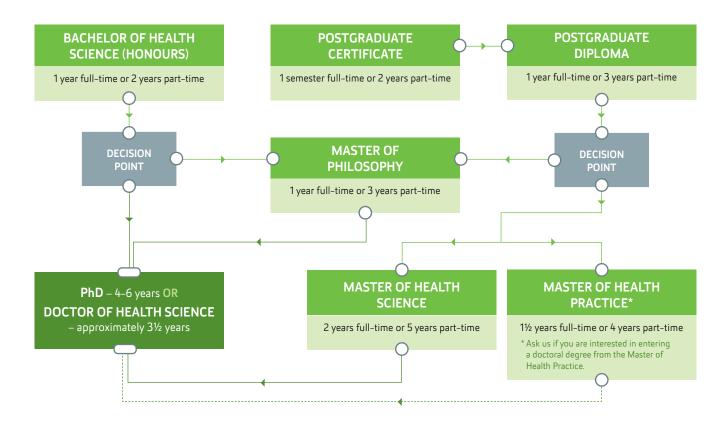
Enhance your professional practice and advance your career with a postgraduate nursing programme at AUT. We offer a responsive and culturally safe environment, and a Te Tiriti-led curriculum taught by academics at the top of their field. Many of our programmes are interdisciplinary, giving you the opportunity to work alongside other health professionals, sharing your experiences in a collaborative learning environment.

To ensure you can balance your studies alongside your work and family commitments, our study options accommodate both full-time and part-time students, with flexible learning options which may include online, on-campus block courses or distance learning.

Postgraduate study at AUT can be research focused, coursework-based or a combination of the two. No matter your clinical speciality or area of interest, we will work with you to plan a programme that best suits your career aspirations and study goals.

#### PROGRESSING THROUGH OUR POSTGRADUATE QUALIFICATIONS

Our programmes make it easy to transition from postgraduate certificate level right through to our master's and doctoral degrees. Below is an example of how you could progress your studies.



# OVERVIEW AND ENTRY REQUIREMENTS

Qualification	Postgraduate Certificate in Advanced Nursing Practice	Postgraduate Certificate in Health Science	Postgraduate Diploma in Registered Nurse Prescribing	Postgraduate Diploma in Health Science
Points	60	60	120	120
Minimum entry requirements	<ul> <li>Bachelor of Health Science OR</li> <li>Graduate Diploma in Health Science OR</li> <li>Relevant professional practice or experience in a related health field approved by the Dean (or representative) to be equivalent to a bachelor's degree</li> </ul>	<ul> <li>Bachelor of Health Science OR</li> <li>Graduate Diploma in Health Science OR</li> <li>Relevant professional practice or experience in a related health field approved by the Dean (or representative) to be equivalent to a bachelor's degree</li> </ul>	<ul> <li>Bachelor's degree in nursing</li> <li>Be a registered nurse with a current NCNZ practising certificate</li> </ul>	<ul> <li>Bachelor of Health Science OR</li> <li>Graduate Diploma in Health Science OR</li> <li>Relevant professional practice or experience in a related health field approved by the Dean (or representative) to be equivalent to a bachelor's degree</li> </ul>
NCNZ Nurse Practitioner focus	No	No	No	No
NCNZ Designated Registered Nurse Prescriber	No	No	Yes	No

Qualification	Master of Health Practice	Master of Health Science	Master of Philosophy	Doctor of Health Science	Doctor of Philosophy
Points	180	240	120	360	360
Minimum entry requirements	<ul> <li>Relevant bachelor's degree**</li> <li>Relevant graduate diploma**</li> <li>Relevant professional qualification AND</li> <li>At least three years of relevant professional experience</li> </ul>	Completed the following with a B grade average or higher, or equivalent: • Bachelor of Health Science OR • Graduate Diploma in Health Science	<ul> <li>Completed the following with a B grade average or higher:</li> <li>Four-year bachelor's degree OR</li> <li>Bachelor's honours degree OR</li> <li>Bachelor's degree and a postgraduate diploma OR</li> <li>Bachelor's degree and at least three years of relevant experience</li> </ul>	<ul> <li>Completed the following in a relevant specialisation:</li> <li>Master's degree with honours OR</li> <li>Bachelor's degree with honours with equivalent to first class or second class honours</li> <li>AND</li> <li>A minimum of five years of professional experience</li> </ul>	Completed the following with first class or second class (first division) honours: • Master's degree with honours OR • Bachelor's degree with honours (equivalent to 4 years of study) Experience with advanced learning in research, a substantial research project and a written report on the research
NCNZ Nurse Practitioner focus	No	Yes – Advanced Nursing Practice specialisation only	No	No	No
NCNZ Designated Registered Nurse Prescriber	No	Yes	No	No	No

\*\* Completed the following with a B grade average or higher, or equivalent.

Email pgnursing@aut.ac.nz if you don't meet this to discuss special circumstances for entry.

#### **CROSS-CREDIT YOUR EXPERIENCE: RECOGNITION OF PRIOR LEARNING**

You may be able to get cross-credits for your previous experience or tertiary studies. Find out more about what types of recognition of prior learning (RPL) you may qualify for and how to apply for RPL.

🚯 aut.ac.nz/rpl

### EXPLORE OUR POSTGRADUATE PROGRAMMES

#### POSTGRADUATE CERTIFICATE IN ADVANCED NURSING PRACTICE

Advance your knowledge and practice, and develop a speciality nursing area. This programme is open to registered nurses and is a pathway to further study in the Postgraduate Diploma in Health Science, Master of Health Practice and Master of Health Science.

Duration: 1/2 year full-time, part-time available Campus: North

#### POSTGRADUATE CERTIFICATE IN HEALTH SCIENCE

Develop advanced knowledge and critical analysis skills in the health sciences field. This is a great option if you've been out of study for a while, or are unsure if postgraduate study is for you. It's a pathway to further study in the Postgraduate Diploma in Health Science, Master of Health Practice and Master of Health Science.

#### Specialisations and focus areas:

Child Health, Design for Health, Digital Health, Human Factors & Ergonomics, Leadership & Management, Mental Health & Addictions, Neonatal Health, Nursing, Occupational Health, Older Adult: Health & Wellness, Pain Management, Rehabilitation

Duration: 1/2 year full-time, part-time available Campus: North & South

#### POSTGRADUATE DIPLOMA IN HEALTH SCIENCE

Advance your knowledge and critical analysis skills in a specialisation of your choice. It's a pathway to further study in the Master of Health Practice and Master of Health Science.

#### Specialisations and focus areas:

Advanced Nursing Practice, Child Health, Design for Health, Digital Health, Human Factors & Ergonomics, Leadership & Management, Mental Health & Addictions, Neonatal Health, Occupational Health, Older Adult: Health & Wellness, Pain Management, Rehabilitation

Duration: 1 year full-time, part-time available Campus: North & South

#### POSTGRADUATE DIPLOMA IN REGISTERED NURSE PRESCRIBING

This is suitable if you have had 2–3 years of experience in your current clinical area and have support from your workplace for a designated registered nurse prescriber role. Apply advanced diagnostic reasoning and pharmacology knowledge, and complete 150 hours of supervised practicum. On completion of this programme and other required criteria, you can apply to the Nursing Council of New Zealand for approval to become a designated registered nurse prescriber in primary health and specialty teams. You will need to show evidence of meeting the criteria.

Duration: 1 year full-time, part-time available Campus: North

#### MASTER OF HEALTH PRACTICE

Ideal for those who want to extend their practical knowledge and are ready for the next step in their healthcare career. You can select courses and areas of practice that reflect your career needs and interests. You complete a project or practicum as your final course. Can serve as a pathway to doctoral study.

#### Specialisations and focus areas:

Child Health, Mental Health & Addictions, Mental Health & Addictions Nursing, Neonatal Health, Nursing, Occupational Health, Pain Management, Rehabilitation

Duration: 11/2 years full-time, part-time available Campus: North & South

#### MASTER OF HEALTH SCIENCE

Advance your scholarly and professional knowledge and advance your healthcare career by choosing from a range of courses and researching an area of your interest. Can serve as a pathway to doctoral study.

**Specialisations and focus areas:** Advanced Nursing Practice, Mental Health & Addictions Nursing, Neonatal Nurse Practitioner, Nurse Practitioner

Duration: 2 years full-time, part-time available Campus: North

#### MASTER OF PHILOSOPHY

Expand your research skills with this one-year, research-only master's degree, and focus on a particular area of interest, under the supervision of AUT's expert academic staff. Can serve as a pathway to doctoral study.

Duration: 1 year full-time, part-time available Campus: City, North and South

#### DOCTOR OF HEALTH SCIENCE

Develop broader professional competency and research a topic of your interest. A mix of taught courses and a research thesis, this programme has a strong emphasis on the role of leadership in informing and changing healthcare in New Zealand. Duration: 3.5 years full-time, part-time available Campus: South

#### **DOCTOR OF PHILOSOPHY**

The PhD is suitable for students who want to pursue an academic or research career, or a senior position in the public or private sector. The degree is undertaken by research only and leads to advanced academic and theoretical knowledge in a specialist area. You complete a research thesis on a topic of your interest.

Duration: 3-6 years Campus: City, North and South

#### **STUDY TIMEFRAMES**

PgCert – 1 semester full-time, 2 years part-timePgDip – 1 year full-time, 3 years part-timeMHPrac – 1½ years full-time, 4 years part-timeMHSc – 2 years full-time, 5 years part-timePhD/DHSc – 3–6 years



# POPULAR COURSES

These are some of our most popular postgraduate courses by our nursing students. Some of these courses are delivered online (OL).

#### HEAL811<sup>oL</sup> RESEARCH DESIGN AND METHODS

Explores a variety of approaches to research design and methods relevant to health and environmental sciences and related fields. Develops critical understandings of philosophical and methodological underpinnings of research.

#### HEAL812 HEALTH PROFESSIONAL PRACTICE

Critically examines health professional practice from a social and political perspective in relation to the New Zealand health context. Analyses the development and regulation of health disciplines and how these impact on practice.

#### HEAL823 INNOVATION IN PRIMARY HEALTHCARE

Critically analyses the philosophical and conceptual underpinnings of primary healthcare as a cornerstone of sustainable health systems, with emphasis on social justice, equity and social determinants of health. Enables practitioners, leaders and managers to examine critically the theoretical primary health care frameworks and interventions that contribute to empowering individuals, families, and communities to optimise and sustain their health.

#### HEAL824 ADVANCED ASSESSMENT & DIAGNOSTIC REASONING

Develops advanced clinical assessment and diagnostic reasoning skills for the diagnosis and management of common acute and chronic illnesses. Emphasises the application of science, assessment and diagnostic data in the care of individuals in the clinical setting.

#### HEAL840<sup>0L</sup> CRITICAL ENQUIRY FOR EVIDENCE BASED PRACTICE

Explores the evolution and context of evidencebased practice. Develops advanced skills in accessing, critiquing and synthesizing sources of evidence that underpin clinical practice. Focuses on practice development using an evidence based framework. It includes examination and critique of socio-culturalpolitical and ethical contexts that influence health research in New Zealand. The course prepares students to undertake some dissertations or the practice project.

#### HEAL857<sup>oL</sup> MANAGING LONG-TERM CONDITIONS

Integrates clinical reasoning with advanced practice knowledge and skills related to the care of adults living with long-term conditions.

#### MAOH803 EFFECTIVE SUPERVISION IN MĀORI HEALTH

Provides an overview of professional supervision practice appropriate to advance knowledge and understanding of supervision that meets Māori health needs. Critically evaluates health professional supervision practice from a Māori development perspective to enhance capacity to work in partnership with Māori.

#### NURS804<sup>OL</sup>

#### SCIENCE FOR ADVANCED PRACTICE

Facilitates critical analysis, synthesis, and communication of in-depth knowledge of the human biological sciences and pathophysiological changes in relation to advanced practice, health promotion and rehabilitation, and/or disease prevention. Develops skills in supporting and teaching others using knowledge gained from scientific health literature and best practice research.

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OL - Online delivery.



#### NURS806<sup>°L</sup> ADVANCING NURSING PRACTICE

Develops clinical expertise within an identified area of practice. Facilitates the identification of goals and begins implementation of strategies for personal/professional development within an identified area of practice.

#### PHMY803<sup>0L</sup> PHARMACOLOGY SCIENCE AND THERAPEUTICS

Examines the key principles of drug development, clinical drug trials and pharmacology science. Applies these to the therapeutic use of drugs. Explores the implications of pharmacotherapeutics for advanced health professional practice. Includes professional, legal and economic drug regulation plus sociocultural influences on drug therapy.

### HEAL816<sup>OL</sup> AND HEAL803<sup>OL</sup>

#### SPECIAL TOPIC

Develops skills of independent, critical scholarship working with an area of personal interest and practical significance. Makes recommendations which translate theoretical understandings of a defined area into new practice initiatives.



### NURSE PRESCRIBING STUDY OPTIONS

### Want to prepare for a career in registered nurse prescribing?

We offer two educational pathways to prepare you for this career. These are Nursing Council of New Zealand accredited programmes, and you can begin with the Postgraduate Diploma in Registered Nurse Prescribing and then transition into the Master of Health Science in Advanced Nursing Practice (Nurse Practitioner focus).

You need to have prescribing practicum support within your clinical workplace and have at least two years of experience in your current clinical specialty for the postgraduate diploma and four years for the master's degree. AUT students may be able to apply for NPTP funding from the Ministry of Health.

#### Email pgnursing@aut.ac.nz to find out more.

#### **Courses include:**

- HEAL811 Research Design & Methods<sup>2</sup>
- HEAL812 Health Professional Practice<sup>2</sup>
- HEAL813 Practice Reality<sup>2</sup>
- HEAL824 Advanced Assessment & Diagnostic Reasoning<sup>1</sup>, <sup>2</sup>
- HEAL840 Critical Enquiry for Evidence Based Practice<sup>2</sup>
- HEAL849 Specialty Practicum<sup>1</sup>, <sup>2</sup>
- MAOH801 Māori Health Research Practice Te Rangahau Hauora Māori<sup>2</sup>
- NURS804 Science for Advanced Practice<sup>1, 2</sup>
- NURS806 Advancing Nursing Practice<sup>2</sup>
- NURS809 Nurse Practitioner Advancement<sup>2</sup>
- NURS901 Prescribing Practicum<sup>2</sup>
- PHMY801 Pharmacology Science<sup>2</sup>
- PHMY802 Applied Pharmacotherapeutics<sup>2</sup>
- PHMY803 Pharmacology Science and Therapeutics<sup>1</sup>, <sup>2</sup>
- PUBH810 Pacific Health Research and Design<sup>2</sup>



<sup>1.</sup> Postgraduate Diploma in Registered Nurse Prescribing course 2. Master of Health Science course



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NORTH CAMPUS 90 Akoranga Drive, Northcote, Auckland

SOUTH CAMPUS 640 Great South Road, Manukau, Auckland

